

# COMMUNITY NEWSLETTER



SPRING 2026



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"I can't begin to express how much this helped me. I was able to manage this independently because of this service. In a terrible time it gave me great peace of mind.

Each and every driver was amazing. I get teary thinking about how much this meant to me. You are all very special people. Thank you from the bottom of my heart."

Pamela E., CAP Client

## A MESSAGE FROM THE EXECUTIVE DIRECTOR



As the days grow longer and the weather begins to warm, we are reminded that change is on its way.

For our clients, hearing the words "you have cancer" marks the beginning of profound and often overwhelming change. While some individuals can navigate this journey with minimal support, others face challenges that can feel insurmountable. That is where the Cancer Assistance Program (CAP) plays a vital role.

Last year, CAP registered 1,521 new clients, an average of 30 individuals each week, or six people every day reaching out for support as they faced the uncertainty of what lies ahead.

In the attached letter, you will meet Trish, whose life changed dramatically following her husband Dennis' cancer diagnosis. Like Trish and hundreds of other caregivers, many come to the realization that they cannot manage the care journey alone. That's where CAP's more than 200 dedicated volunteers and staff step in, providing essential supports such as transportation, equipment loans, personal care, nutrition assistance, parking, and so much more.

No one should have to face the cancer journey alone. In the following pages, you will read about the donors, volunteers, clients, and caregivers who are helping CAP meet the ever-increasing demand for services. Our free programs play a critical role not only in the lives of cancer patients, but also for the caregivers who take on the added responsibility of managing care.

I would like to extend my sincere appreciation to our volunteers, staff, and donors who continue to support our clients and caregivers with compassion. Together, we are helping to navigate the cancer journey, ensuring no one goes through it alone.

Sincerely,

Debbie Logel Butler

Executive Director

# GIVE THE GIFT OF COMFORT

Introducing CAP CARE Gift Bags, thoughtfully curated gift bags designed to support loved ones facing a cancer diagnosis.

Each bag is filled with comforting essentials, personal care products, nourishing snacks, and heartfelt touches, CAP CARE Gift Bags are designed to bring comfort and support during treatment.

With a \$200 value for just \$75, they're a meaningful gift from one caring person or a whole circle of family, friends, coworkers, or neighbours coming together to show support.

Even more meaningful, every purchase helps fund CAP's free practical support programs for local individuals and families facing cancer.

Give comfort. Give care. Give hope. Order yours today.

**Show a cancer patient how much you care.**

[cancerassist.ca/gift-bag](https://cancerassist.ca/gift-bag)



## 2026: A YEAR TO GIVE BACK, RIGHT HERE AT CAP

The United Nations General Assembly has proclaimed 2026 as the International Year of Volunteers for Sustainable Development and here at CAP, that couldn't feel more meaningful.

Every day, our volunteers are the reason we can show up for individuals and families facing cancer across our community. They are the ones ensuring someone gets to treatment, has access to essential supports, or simply feels a little less alone.

Last year, thanks to our volunteers, thousands of rides were provided, essential equipment and personal care items reached those who needed them most, and together, these efforts translated into over a million dollars in support for our community. **Behind it all are the 29,433 hours our volunteers gave.**

Volunteering at CAP is more than giving your time, it's becoming part of a community. Our volunteers often tell us they came looking for a way to give back, but stayed because of the people, the purpose, and the sense of belonging they found here.

**"Everyone is so nice. Very appreciative of us, which is wonderful. Everyone is friendly, it's a family."**  
- Judy, Client Services Volunteer

If you've ever thought about getting involved, this is your moment. We would love to welcome you. There is a place for you at CAP.

**To learn more or get started, please reach out at [volunteer@cancerassist.ca](mailto:volunteer@cancerassist.ca)**



# 2026 CAP EVENTS!

Presented By:



**CAP GOES COUNTRY!**  
Was a HUGE success!

We're so grateful to the 400 guests who attended our Annual Spring Fling, as well as our amazing sponsors, food and prize donors, and the talented "madhatters band" for keeping us dancing all night! **Together we were able to raise \$30,000!**



*PARK YOUR BOOTS!*

Join the CARE Walk, Run & Roll, and come together as a community to support people facing cancer in Hamilton. Walk, run, or roll a 5K at a pace that works for you. Gather your friends and family, and help raise critical funds that make CAP's programs possible. All ages and abilities are welcome.



Presented By:



Join us at the CAP Office on Hamilton Mountain or Sweet Expressions in Binbrook!

Registration is \$30 for adults and free for children under 18. Visit [cancerassist.ca/care-walk](http://cancerassist.ca/care-walk)

## GOLF CLASSIC

The beautiful greens of Dundas Valley Golf & Curling Club will once again host our Annual Golf Classic on Tuesday, August 11, 2026. Spend the day on the course enjoying great food, exciting prizes, and plenty of fun, all in support of CAP. Early bird registration opens in June.



For event updates and full details, visit [cancerassist.ca/golf-classic](http://cancerassist.ca/golf-classic).

## CAP'S GALA | HAMILTON IS HOME

This year, on November 12, we will return to LIUNA Station for our Annual Gala, the biggest night in CAP fundraising.

With a theme celebrating Hamilton, this can't-miss event will highlight what makes our community so special.

Join us for an evening of great food, entertainment, a Fund-a-Need and meaningful connection in support of our neighbours.



## MARK YOUR CALENDARS



Our first 50/50 lottery of 2026, was a great success, with the winner taking home \$6,885. While we love celebrating all of our winners, it's even more special when one of our own takes the prize. Congratulations to CAP volunteer driver Brad on winning the jackpot!

Mark your calendar for July 1, when our next 50/50 lottery opens.



CAP is once again the proud recipient of the 50/50 draw at every Hamilton Cardinals home game. Come out to cheer on the home team, support local baseball, and grab your 50/50 tickets in support of CAP.

# ANYONE CAN LEAVE A LEGACY

Leaving a gift in your Will is a meaningful way to support the future of the Cancer Assistance Program (CAP). It ensures that compassionate, practical care continues for individuals and families facing cancer for years to come.

A legacy gift reflects your values and long-term vision. While you may not see its impact, your future contribution helps sustain and grow CAP's essential services as community needs evolve.



Anyone can leave a legacy. These gifts are not just for the wealthy, they are thoughtful decisions made by people who want to make a difference. Many choose to leave a percentage of their estate, life insurance or shares, options that can have a lasting impact.

Unrestricted gifts are especially powerful, allowing CAP to respond to changing needs, from increased demand to new programs. These gifts provide stability and ensure support is there when it matters most.

Including CAP in your Will is simple:

- Choose to support CAP and connect with the team
- Decide on a gift, such as a percentage or specific amount
- Work with a legal or financial professional to include it in your Will

**You can support CAP while still prioritizing your loved ones.**

**Even a small gift, like 1% of your estate, can make a lasting difference.**

**By leaving a gift in your Will, you help ensure no one in our community faces cancer alone, today and into the future.**



## CANCER ASSIST PODCAST

The Cancer Assist Podcast was created to meet a growing need: helping people better understand their cancer journey. Featuring trusted local experts, the podcast offers clear, reliable information that patients and caregivers can access anytime, revisit when needed and turn to for reassurance.

In a time when information can feel overwhelming, it provides a space to learn, reflect and feel more confident in the care they are receiving.

Listen today at [cancerassistpodcast.ca](http://cancerassistpodcast.ca)

## PAST EPISODES

APR 2026

THE REALITY OF BRAIN TUMOURS AND WHAT DOCTORS CAN DO

MAR 2026

LIFE INTERRUPTED: SUPPORTING YOUNG ADULTS THROUGH CANCER

FEB 2026

PARENTING THROUGH CANCER: THE CONVERSATIONS FAMILIES DON'T TALK ABOUT

JAN 2026

DESIGNING CANCER CARE THAT WORKS FOR PATIENTS: INSIDE ONTARIO'S REGIONAL CANCER PLAN



## Cruising for a Cause

What an unforgettable evening in the King George Ballroom at LIUNA Station! Cruising for a Cause was an incredible success, raising more than \$170,000 in support of our mission.

This year, we proudly shone a spotlight on CAP's Drive & Ride program, and celebrated the meaningful connections between our clients and the dedicated volunteer drivers who make it all possible. The ballroom came alive with a striking black, red, and white racing theme, with each table named after iconic streets in Hamilton, adding a unique local touch to the night.

Thanks to the generosity and enthusiasm of our supporters, we're able to strengthen CAP's ability to provide essential services in our community. It was truly a special evening, one that captured the spirit of connection, compassion, and the powerful impact we can make together. A heartfelt thank you to everyone who participated and helped make it such a success.

In 2025, the Cancer Assistance Program saved 2,255 active clients and their families a combined total of:

# \$1.7 MILLION

CAP registered 1,521 new clients in 2025 averaging 30 new clients weekly.



## Thank you Cruising for a Cause Gala & Spring Fling - CAP Goes Country Donors!

- |   |  |                                  |                                     |   |                             |
|---|--|----------------------------------|-------------------------------------|---|-----------------------------|
| 2Bombed Moms                            | Chicago Style Pizza                      | Laser Inc.                       | KPMG                                | Patti Zonta                                 | Southern Pines Golf Club    |
| ABsolute Pilates & Massage              | Chuggy's Tap & Grill                     | Food Basics                      | KX94.7                              | Paula's Memory Sessions                     | Star Nails                  |
| Advanced Office Solutions               | Colio Wine                               | Fortino's                        | LA Bakery                           | Paula's Memory Sessions                     | Stars and Strauss           |
| Aga Khan Museum                         | Confundrum Escape Room                   | Freshco                          | Lakeside Decor & Gifts              | Pita Pit                                    | Steve Kosh                  |
| Aimee Rae Photography                   | Costco Wholesale                         | Genuine Bakery                   | Lauren Ballantyne                   | Point Pelee National Park                   | St. John Henry Newman       |
| Aldershot Frame Studio                  | Crafty in Canborough                     | Giant Tiger                      | Lauren Ballantyne                   | Puddicombe Farms, Winery & Cider            | Catholic Secondary School   |
| Alliance Chiropractic & Wellness Clinic | Crock a Doodle                           | Gordon Leverton                  | Lava Pizza & Wings                  | Pur & Simple Restaurant                     | Stratford Festival          |
| Allure Fitness Inc.                     | Crown & Press                            | Grant Rinalli                    | Leaning Post                        | Purple Pear                                 | Sweet Expressions           |
| Ancaster Jewellers                      | Cutting Edge Studio                      | Graphic i.d.                     | Lemon & Ice                         | Ray Hutton                                  | Terri Deline                |
| Ange Restivo                            | Dave Cousteau                            | Gravity Climbing Gym             | Lighthouse Festival                 | Redstone Pizza                              | The Flying Squirrel         |
| Anja Kitchen                            | David's Restaurant & Lounge              | Green Machine Food Truck         | Linda DeMarchi                      | REMAX Escarpment Realty - The Lynn Fee Team | The Forge BBQ               |
| Anja Kitchen                            | DDG MedSpa                               | Greg Frewin Theatrical Centre    | Linda Tallman                       | REMAX Real Estate Centre Inc.               | The House of Java           |
| Ann Mulvale                             | Debbie Logel Butler                      | H. Williams Jewellery            | Link Teknologies                    | Rene Marcoux                                | The Other Bird              |
| Anonymous                               | Denninger's                              | Hamilton Tiger-Cat Football Club | LiUNA Local 837                     | ReStore Habitat for Humanity Hamilton       | The Pool Shoppe             |
| AOS Group                               | Diner on Concession                      | Helena Streun                    | Lumberjacks Axe Throwing            | Rick Denyes                                 | The Soup Stop               |
| AP Insurance Brokers Inc.               | Dirty South                              | Home Hardware                    | Lyn's Caribbean Restaurant          | Rick Hughes                                 | Theatre Aquarius            |
| Arcadia Earth Toronto                   | Domino's Pizza                           | India Village                    | Marie Bonitatibus                   | ROMA Bakery                                 | Timea Sarkozi               |
| Armande Pardiac                         | Dr. Christine Zrinscak                   | Industria Pizzeria + Bar         | Marshall Truck & Trailer Repair Ltd | Rose Garden Family Restaurant               | Toronto Custom Concepts     |
| Artage Portraits                        | Dr. D. Ozimok, Optometrist               | iOS Agora & Bakery               | Maryanne Johns                      | Rosedale Tennis Club                        | Toronto Motorsports Park    |
| Aviso Wealth                            | Dr. Henry Lim                            | Iron Chef Chinese Restaurant     | McDonald's                          | Rose's Crafts & Things                      | Trish's Gluten-Free Bakery  |
| Bedrock Bistro                          | Dr. Laura Adams                          | Jessica Rose                     | McHugh Ionico Boer LLP              | Rosie's Burgers                             | Twisted Lemon               |
| Beyond the Batter Cupcakes              | Dream Space SOS                          | JohnBear                         | McPhail Auto                        | Route 905 Country Festival                  | Ultimate Exotics            |
| Beyond the Willow Photography           | Dry N Shine Auto Spa                     | Johnston Chrysler                | Mellissa Ricard                     | Salt Cave Hamilton                          | Uncle Sam's BBQ Smoke House |
| Binbrook Little Theatre                 | Dusty Vacon                              | Joseph Transportation Group      | Meridian                            | Sam Mattina                                 | Vandehaar Flooring          |
| Bird Kingdom                            | E.J.C. Dentistry                         | Judy Needham                     | Merit Brewery                       | Sandy Connor                                | Venetian Club               |
| Blue Line Taxi                          | East Side Marios                         | Jungle Cat World                 | Metro                               | Sense of Hearing                            | Vineland Estates Winery     |
| Boehringer Ingelheim                    | Eastmount Chiropractic & Wellness Centre | Karen Bowker                     | Michelle Lord                       | Shannon Kyles                               | Vanda Malatesta             |
| Bon Bon Balloons                        | Erie Beach Hotel Ltd.                    | Kathy Krafts                     | Milestones Grill & Bar              | Shawn & Ed Brewing Co.                      | Wally Parr Foods            |
| Bonnie Pataran                          | Ernie Caterini                           | Kelly Dunham Memorial Foundation | Morison Insurance                   | Sheila Sferrazza                            | Walters Group               |
| Brownlow Partners                       | Factory Shoe                             | Kintec Footwear & Orthotics      | Mulberry Wellness                   | Shelly Phillips - Avon                      | Wendy Hayes                 |
| Buck's Corvette Club                    | Fascination Flowers                      | Kristina O'Grady                 | Multi Area Developments             | Shirlee Huisman                             | Westinghouse HQ             |
| Burlington Lions Club                   | First Ontario Credit Union               | Knights of Columbus              | My Thai                             | Shoppers Drug Mart                          | Wild Water Works            |
| Burlington Tap Room                     | First Ontario Place                      |                                  | Nebo Ultra Wash                     | Soundbox Productions                        | Zark's                      |
| Canadian National Exhibition            | Fishing Sushi                            |                                  | Niagara Parks                       |   | Zelus Material Handling     |
| Cecelia Carter-Smith                    | Flow Nails Aesthetics                    |                                  | Oak View Group                      |   | Zoetic Company Limited      |
| Charlene & Steve Hawkins                |  |                                  | Ontario Ravioli                     |   |                             |
|   |  |                                  | Park Lane Jewelry                   |   |                             |
|   |  |                                  | Patricia Williams                   |   |                             |

# AIM YOUR SCRAP FOR CAP!

Turn your unwanted scrap into meaningful support for people facing cancer. Through CAP's partnership with American Iron & Metal (AIM Recycling Hamilton), your old metal items can be transformed into much-needed funds for the Cancer Assistance Program.

From kitchen appliances and extension cords to old bikes, garden tools, cell phones and more, your scrap can make a difference.

Call CAP's dedicated scrap volunteer Rene Marcoux to schedule a pick up for you! It's an easy way to clear out your garage, support a local cause and keep reusable materials out of the landfill. A true win-win-win.

**Call Rene today! (905) 870-6883**



Scan the QR code to see more about what you can donate and the Scrap for CAP process.



## BOARD OF DIRECTORS UPDATE | WELCOME NEW DIRECTORS!

### Saying Farewell to Board Members



Thank you, Andrea Floyd, for your dedication and leadership over your 4-year term.



Thank you, Bryce Hyslop, for your expertise and impact over your 3-year term.



Thank you, Riley Crotta, for your insight and contributions over your 3-year term.



### Argo Basu

Argo is a scientist who brings over 15 years of experience in molecular biology, diagnostics, and healthcare innovation. As Co-Founder and COO of UnikBitZ Consulting, he is passionate about innovation, commercialization, and supporting community impact initiatives.



### Bhavisha Morphet

Bhavisha Morphet is the owner of a strategic marketing and communications company, with experience in brand development, digital marketing, and storytelling. Having personally experienced CAP's support through a family cancer journey, she is passionate about helping others access the same care.



### Amanda Knight

Amanda is a Manager in Deal Advisory – Valuations at KPMG, holding both CPA and CBV designations. A lifelong Hamiltonian with a personal connection to cancer care through treatment at the Juravinski Cancer Centre, she is proud to support CAP's mission of providing practical support to local individuals and families affected by cancer.



### Pavel Tsaregorodtsev

Pavel Tsaregorodtsev is a Chartered Professional Accountant and Tax Partner at PricewaterhouseCoopers LLP, with over 13 years of experience advising Canadian businesses and families. With strong ties to Hamilton, he is proud to support CAP's work in the community.