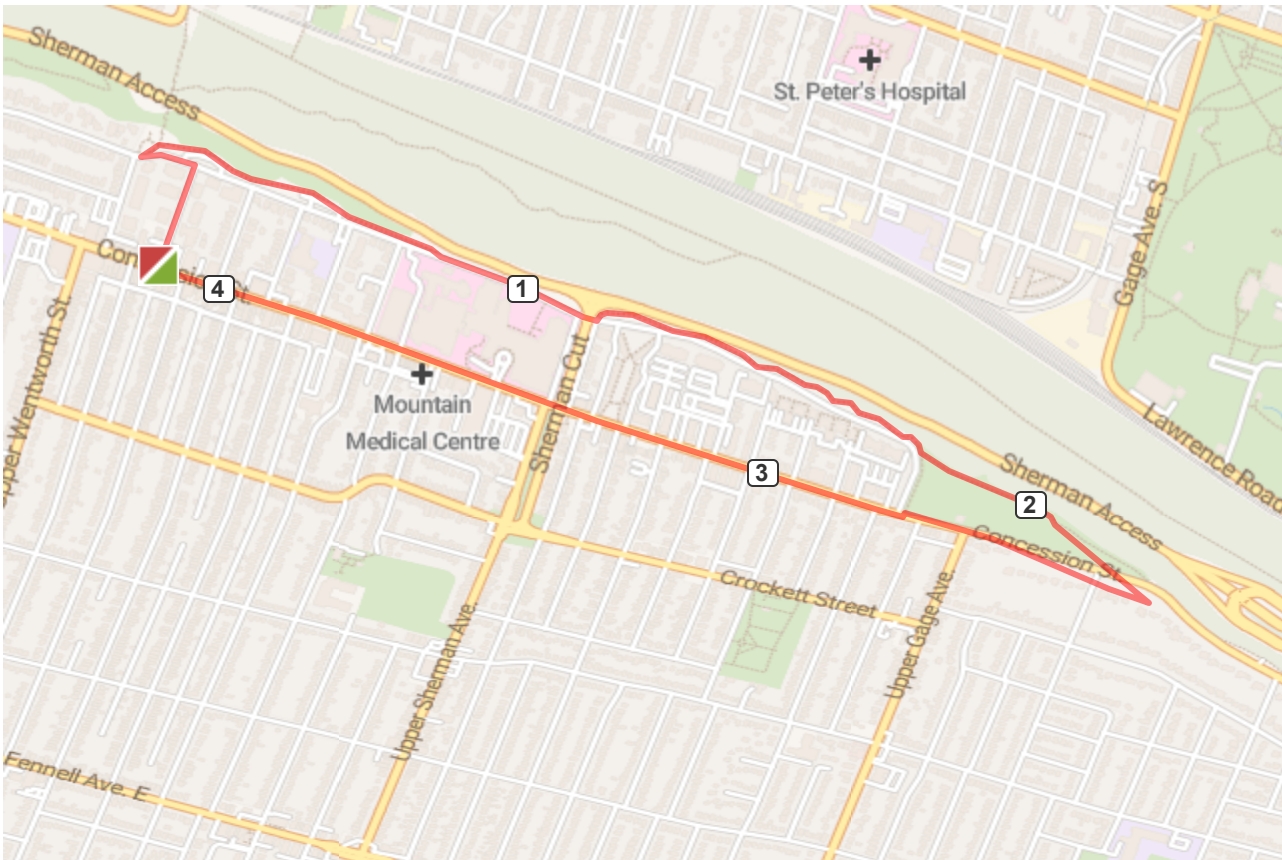


Meet Up Location Sponsor



Route Marker Sponsor



Start at CAP Office - 555 Concession Street

- Head south along Summit Ave. towards Mountain Park Ave.
- Turn left continue along Mountain Park Ave. until you come to the Mountain Brow Trail
- Turn right onto the trail, continue until you come to a fork and turn right to continue along the Mountain Park Trail
- Continue to walk along the escarpment until you come out to Mountain Park Ave.
- Continue along Mountain Park Ave. behind Juravinski Hospital
- Go over the Sherman Cut continue along Mountain Park Ave. until you meet up with the Mountain Brow Trail again, continue to your left onto the trail
- Follow the Mountain Brow Trail along the Escarpment, until you come to Mountain Drive Park, stay to the left and follow the trail around the park
- Continue heading West along Concession Street and follow it back to the CAP Office