



ANNIVERSARY
1994-2024

Spring is here and it is delightfully evident as the days grow longer. Not everyone however is able to simply relish in the delight of the seasonal change. For those battling a cancer diagnosis everything is just far too overwhelming. Cancer, that 6 letter word one never wants to hear, does that. It takes over every part of one's life such that even the simple pleasures of a sunny day or a walk on a trail becomes but a wish.

"I would not have thought in a million years that when I walked with my friend in the CAP walk back in 2001, in support of her mom battling cancer, that her mom would outlive both of my parents. Nor did I ever imagine that I would be so overwhelmed with caregiving for each of my parents who, within two years of each other, would die of cancer, that I wouldn't even be able to find the time to go for a walk AND that I would become a CAP client, a CAP supporter, a CAP ambassador." - Lisa Owens

Hearing the words, **"it is cancer"** stops you in your tracks. For Lisa it became a juggling act of trying to figure out what she needed to keep her mom at home, where she was going to get what she needed, and how she was going to leave her mom for any length of time to get it all. Our mission at CAP is to make those decisions and choices less overwhelming. We do that by offering FREE practical services with one registration, in one location. We drive clients to their appointments, provide parking spots close to the JCC, home safety equipment, personal care items, nutrition, and education via monthly podcasts. If needed, we will deliver these physical supports direct to doorstep. The financial savings of these services provides families with peace of mind.

When Lisa's father was diagnosed the speed by which he required supports was unbelievable.

"Within 5 days of radiation he couldn't walk and I became one of his primary caregivers. I went from daughter to caregiver in the blink of an eye. Without CAP I don't know what I would have done. I needed a wheelchair, a transfer chair, a commode,...things that made it easier to care for him, but also gave him independence to retain his



Help
when you
really need it.



ONE-TIME DONATION: Yes, I want to make a gift to ensure cancer patients and their families get the help they need.

☐ \$100 ☐ \$150 ☐ \$200 ☐ \$250 ☐ Other \$_____

- ☐ I have enclosed my cheque made payable to **Cancer Assistance Program**.
- ☐ I authorize CAP to charge my credit card in the amount indicated at left.
- ☐ Please sign me up for electronic communications from CAP (be sure to include your email address).

☐ Visa ☐ Mastercard

Card # _____

Expiry _____ CVV _____

Name on Card _____

Date _____

Signature _____

Phone _____

Email _____

Thank
You

Please make cheque payable to Cancer Assistance Program.

Save a stamp, donate online at www.cancerassist.ca



dignity as he managed the ravages of the disease, the treatments and having to rely on his daughter for the simplest of life's activities. CAP helped me be one of his caregivers but also his daughter."

Having used CAP's supports in the care of her mom meant Lisa knew where to turn for help with her dad. Despite experiencing unthinkable loss in two short years CAP's assistance meant Lisa could provide for both parents the end-of life care that was their wish.

"I am so happy I was able to support my parents wish to die at home. Without the help of CAP I simply would not have been able to do that."

Like so many of our clients and their family members CAP services were such a lifeline for Lisa in her time of need that giving back to CAP became her passion. Her network responded not simply because they bore witness to the assistance CAP provided Lisa but also because many of them too needed help. Our current healthcare and employment systems struggle to meet the needs of caregivers. CAP is meeting this crisis and Lisa passionately shares her story with **EVERYONE**.

But telling the CAP story to everyone isn't where it ended for Lisa. She has become without a doubt a passionate and committed ambassador for CAP. She walks the walk. She has and continues to volunteer. She has built a circle of volunteers that work tirelessly to raise funds for CAP, either by attending CAP events or hosting events. As a teacher, Lisa interacts daily with youth and her passion has raised their awareness of not just CAP but also the importance of philanthropy. To witness the commitment of these young adults to CAP is a testament to her as an ambassador, and an example of the importance to sharing the CAP story.

"I am so proud to be a part of this organization and equally proud to be able to say that so many people; my friends, my colleagues, my family, my students have adopted CAP. This organization weaves into your soul because it does so much for so many at a time of pure crisis in their lives."

Albert Einstein said, "it is every man's obligation to put back into the world at least the equivalent of what he takes out of it." Lisa has done that and more. For the past 14 years she has passionately given back to CAP through the gift of her time, her talents, and her network because CAP eased her burden in her time of need. She continues to build a community of philanthropy that includes youth who will be the volunteers and donors of the future. She is creating a legacy of support for cancer patients and their families because CAP supported her.

Demand for CAP's services is accelerating. As an organization that does not receive any sustainable government funding, CAP relies on the generosity of our community.

Today, we are asking **YOU** to join Lisa. Will you be a CAP Champion and consider making a gift to CAP, knowing it will help ease the burden for those with a cancer diagnosis and their families.

Your support will mean so much to so many. Make a difference today.

Debbie Logel Butler

Debbie Logel Butler | Executive Director



MONTHLY DONATION: Yes, I want to join the **CAP Monthly Giving** program to ensure cancer patients and their families get the help they need.

I authorize CAP to charge my credit card in the amount of \$_____ on or after the 15th of each month, commencing in the month after I date my request.

☐ Visa ☐ Mastercard

Card # _____

Expiry _____ CVV _____

Name on Card _____

Date _____ Signature _____

Phone _____ Email _____

☐ Please sign me up for electronic communications from CAP (be sure to include your email address).

 **Cancer Assistance
PROGRAM**

555 Concession Street
Hamilton, ON L8V 1A8
905.383.9797

inquiries@cancerassist.ca
cancerassist.ca

Thank You!

An official tax receipt will be issued
for all gifts of \$20 and above.
Monthly donors receive one tax receipt
at the end of the year for the full amount.

Spring Campaign 2024