



Despite the grayest of days we have all experienced these past months, we knew that sunshine and warm temperatures were around the corner. But the reality is what is around the corner is never really that definitive.

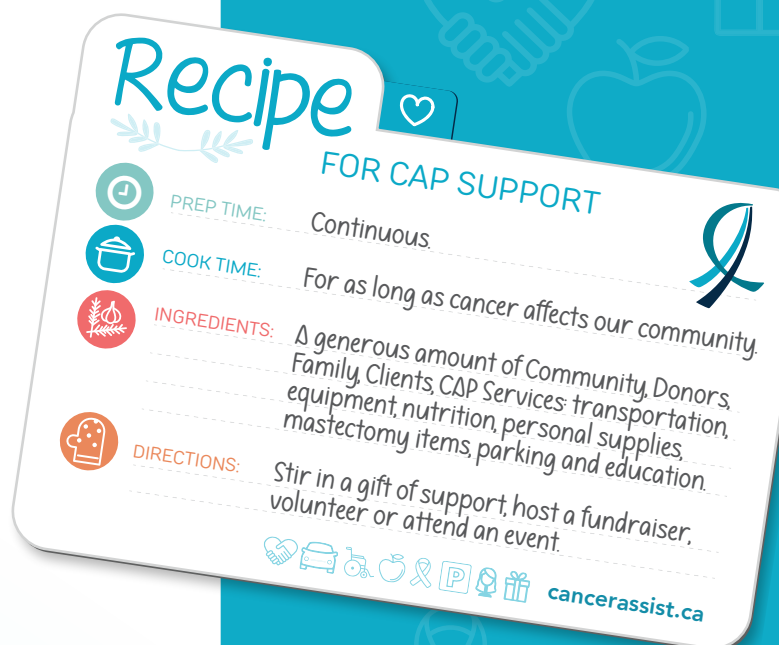
“You just never know....I had no warning. One moment I am at work getting ready to open the store for another great day and the next I am at the hospital being told that I have stage 4 lung cancer. That was just over 2 years ago, and my life and the life of my family has forever changed.” *Barb CAP client*

Cancer does that. It is isolating. It is confusing. It is scary and overwhelming. Cancer is all those things and more not just for the cancer patient, but also for their family and friends. Our mission at CAP is to help cancer patients and their loved ones manage the very things that overwhelm them. We do that by offering FREE practical services that upon diagnosis you don't even realize you will need. We drive clients to their appointments, provide free parking spots within walking distance to the JCC, free home safety equipment, personal care items and nutrition, mastectomy specific items and educational podcasts on cancer related topics. If needed, we will bring these supports direct to doorstep. The financial savings to cancer patients and their families is huge but even more than the financial savings is the peace of mind that these services offer.

(PLEASE TURN OVER)



L to R: Barb Swing and Sue Lalonde



Help
when you
really need it.
Cancer Assistance
PROGRAM

ONE-TIME DONATION: Yes, I want to make a gift to ensure cancer patients and their families get the help they need.

☐ \$50 ☐ \$100 ☐ \$150 ☐ \$200 ☐ Other \$ _____

- ☐ I have enclosed my cheque made payable to **Cancer Assistance Program**.
- ☐ I authorize CAP to charge my credit card in the amount indicated at left.
- ☐ Please sign me up for electronic communications from CAP (be sure to include your email address).
- ☐ Visa ☐ Mastercard

Card # _____

Expiry _____ CVV _____

Name on Card _____

Date _____

Signature _____

Phone _____

Email _____

Please make cheque payable to Cancer Assistance Program.
To make your gift online please go to **www.cancerassist.ca**.
Charitable Registration Number 14026 2759 RR0001

Spring Campaign 2023

“My husband nor I drive. The number of appointments we now had were crazy. I have a big calendar on my table here and if it weren’t for that calendar I wouldn’t know where I was going next. I can’t expect my daughter to drop everything and take me to these appointments. She’d lose her job. CAP has been a life saver. Not only have they set me up to be safe in my home, but they are there to drive me to every single one of my appointments. My driver Joe has a wicked sense of humour. We have so much fun on those drives and for a short time I can forget about the cancer.” Barb CAP client

Barb’s concern for her daughter is another reality the family of cancer patients face. With continued pressure on our health care system post COVID, much of patient care is being passed to family members as patients are released early to home care. Without support these family members face difficult choices that can have significant impacts. Choices that include reducing work hours, turning down career opportunities, taking a leave from work and missing valuable time with their own immediate families.

At CAP, our supports allow daughters to be daughters, sons to be sons, siblings to be siblings, partners to be partners and friends to be friends. A priceless gift we are proud to provide because of the continued generosity of so many.

Despite her life altering diagnosis Barb, is one of the many who so generously support us.

“I needed to find something to keep my mind occupied and off cancer. I love to bake, and I have been told I have nice handwriting, so I thought why not a cookbook. Every day I find and write out about four recipes. Putting them together has become a family activity with my sister and my daughter. Our first cookbook, Cookin’ the Books was a huge success, so I did a second called Airfry What! and I am on to my third and fourth. Since we started, we have raised \$807 and we are NOT stopping....I am having fun. It’s my small way of giving back from the heart to CAP.”



It has been said that if you “really want to make a friend, go to someone’s house and eat with them...the people who give you their food give you their heart.” Preparing and selling the cookbooks full of their favourite family recipes are labours of love for Barb. They keep her mind off her cancer, and they provide an opportunity for Barb and her family to collectively give from their heart to CAP.

Today we are asking you, like Barb, to give from your heart. We have all borne witness to the challenges a cancer diagnosis brings to a person and to their family and friends. Your gift, no matter the size or form, will help us to continue to ease the challenge in meeting the daily realities of cancer. A cancer diagnosis changes everyone’s world forever. Please do whatever you can ... give from your heart and make a difference today.

Debbie Logel Butler

Debbie Logel Butler
Executive Director

MONTHLY DONATION: Yes, I want to join the **CAP Monthly Giving** program to ensure cancer patients and their families get the help they need.

I authorize CAP to charge my credit card in the amount of \$_____ on or after the 15th of each month, commencing in the month after I date my request.

☐ Visa ☐ Mastercard

Card # _____

Expiry _____ CV# _____

Name on Card _____

Date _____ Signature _____

Phone _____ Email _____

☐ Please sign me up for electronic communications from CAP (be sure to include your email address).



555 Concession Street
Hamilton, ON L8V 1A8
905.383.9797

inquiries@cancerassist.ca
cancerassist.ca

Thank You!

An official tax receipt will be issued for all gifts of \$20 and above. Monthly donors receive one tax receipt at the end of the year for the full amount.