

It's been a long, cold lonely winter.... Little darling.... It feels like years since it's been here.....Here comes the sun..... Here comes the sun and I say it's all right. - The Beatles

Dear

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The Beatles are right – it has been a long, cold and for so many a very lonely winter. The seemingly ever-endless number of COVID variants, resulting in repeated restrictions and closures, stressed us all; none more than those battling a cancer diagnosis. Halted, postponed, and cancelled procedures tested their resolve and served to increase their anxieties. Outbreaks in hospitals caused many to be released to home care sooner than they normally would have. The challenges they faced were mirrored by their families and friends who stepped in to be caregivers. Managing cancer is isolating. Managing cancer is expensive. Managing cancer during COVID is all that and more!

Thanks to the generosity of our donors we were able to step up and help during the darkest days of COVID. We continued to drive clients to appointments, provide home safety equipment, personal care items, nutritional supplements, including delivery to doorstep of these items when required, and free parking.

(^COn top of my diagnosis I have two fears, a fear of heights and a fear of parking garages. I took my list of appointments to the CAP office and the very next day I had an email saying parking was covered. The services at CAP took a small thing like parking which for me was just one more stressor in my journey and relieved it. They added to my support system at a time when I really needed it. **P** *Ruth – CAP client*

Spring is a season of transition and change. Days get longer and the world outside gets noisier, with birds singing amongst the new buds and leaves of trees who resiliently weathered the cold and dark days of winter. It's a season in preparation for the blissful days of summer. It is hoped that this spring season will be one of great change – the change in COVID's status from pandemic to endemic as we gain immune protection from vaccinations.

However, as much as that brings relief to us all, cancer will continue to rage as the number 1 cause of death in Canada. Statistics continue to reveal that 2 in 5 Canadians will be diagnosed with cancer in their lifetime. Yes, cancer survival rates are improving but that simply means that we are living longer with the disease. Never more than now are CAP's services needed. Our commitment continues to be that we will work tirelessly to meet the needs of cancer patients and their families in our community. We will continue to provide "help when you really need it". But we cannot do it on our own.

(PLEASE TURN OVER)

ONE-TIME DONATION : Yes, I want to make a gift to ensure cancer patients and their families get the help they need.	 O I have enclosed my cheque made payable to Cancer Assistance Program. O I authorize CAP to charge my credit card in the amount indicated at left. O Please sign me up for electronic communications from CAP (be sure to include your email address).
○ \$50 ○ \$100 ○ \$150 ○ \$200 ○ Other \$	O Visa O Mastercard
	Card #
	ExpiryCVV
	Name on Card
	Date
	Signature
	Phone
Please make cheque payable to Cancer Assistance Program. To make your gift online please go to www.cancerassist.ca .	Email
Charitable Registration Number 14026 2759 RR0001	Spring Campaign 2022

(^CSo many people in my circle have been affected by cancer. Cancer is a very unwelcome part of my family. In fact, I can't recall a period in my life that I did not know someone battling this terrible disease. And they just aren't battling the physical part of the disease but also costs, as I know that there are so many extra costs like parking and wigs and prothesis and even the cost to get to all the appointments. I don't have a lot to give but giving to CAP monthly is right up there with my rent because what CAP offers is practical help. My goal is to increase my monthly gift a little bit every year. I don't get out much anymore so giving to CAP is my way of staying connected with my community and helping those who really can't afford this terrible disease.**?**

Donors like Denise and each of you help us to continue to provide free, practical, and tangible services to cancer patients and their families. Cancer doesn't discriminate. It affects young and old alike. We have all been touched by cancer. We have all borne witness to the challenges a diagnosis brings to the patient, their families, and friends. Your gift to CAP will help us offer the much needed supports they require. A monthly gift can ease the burden of someone every single day and like Denise it can become as simple and routine an act as paying your rent.

Today we are asking you to help us bring a little bit of sunshine, to help us help those in need with your gift. Your gift, no matter the size, can be guaranteed to ease the burden of someone in your family, in your neighbourhood, and in your community who is challenged to meet the daily reality of cancer.

A gift of just...

\$50 a month will provide
 60 six-packs of nutritional supplements



 \$100 a month will provide
 48 rides to medical appointments

A cancer diagnosis changes a person's world forever. Please help us bring the beauty of spring into the lives of cancer patients and their families. Your support provides that little bit of needed sunshine.

Thank you,

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Debbie Logel Butler Executive Director

Here comes the sun....here comes the sun and I say it's all right.

 need. I authorize CAP to charge my credit card in the amount of \$ on or after the 15th of each month, commencing in the month after I date my request. O Visa O Mastercard 		
Card #		
Expiry	CVV	
Name on Card		
Date	Signature	
Phone	Email	

MONTHLY DONATION: Yes, I want to join the **CAP Monthly Giving** program to ensure cancer patients and their families get the help they



Hamilton, ON L8V 1A8 905.383.9797 inquiries@cancerassist.ca cancerassist.ca

Thank You!

An official tax receipt will be issued for all gifts of \$20 and above. Monthly donors receive one tax receipt at the end of the year for the full amount.

O Please sign me up for electronic communications from CAP (be sure to include your email address).