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MESSAGE FROM THE EXECUTIVE DIRECTOR:

2022 - A Year to Give Back and Give Thanks

The beginning of 2022 was a roller coaster of emotions caused by the relief of a COVID vaccine, contrasted with an endless number of COVID variants, resulting in repeated restrictions and closures.

Despite COVID's persistent ability to force us to adjust, adapt and change it did not stop the spread of cancer.

COVID sent our health care system into a crisis, exhausting healthcare workers as well as caregivers of cancer patients who have felt the impact of COVID as acutely as the patient themselves. The inability to attend cancer treatments due to COVID protocols; early release to home for a variety of reasons and delayed surgeries or treatments have forced family members and friends to take on care responsibilities, causing higher stress levels and anxiety than ever before.

The Cancer Assistance Program's (CAP) role since inception 28 years ago has been to provide FREE practical services to cancer patients and their families and to help alleviate the financial burden a diagnosis brings.

In 2021 CAP services saved cancer patients and their families over \$676,000. Considering the financial challenges that a cancer diagnosis brings and the increased financial implications that COVID has created, CAP is meeting an unprecedented need in our community.

It takes a dedicated team of staff and volunteers as well as generous and committed donors to dig a little deeper to help meet the increasing need for our services. Every dollar raised, every hour donated, and every minute spent on delivery of our services is so appreciated by cancer families in our community.

As you read this spring newsletter you will be amazed by the efforts of this committed group who each day try a little harder to provide the very best care and service.

THANK YOU to each of you, who despite a pandemic, continue to ride the roller coaster of life with one common objective – how can we continue to provide **"help when it is really needed"**.

With appreciation and admiration,



Debbie Logel Butler

Farewell to our Board Members

This year CAP bids farewell to two of our Board members Narciso Bomben and the late Don Burroughs.



Narciso joined the Board of Directors in 2015. During his tenure, Narciso served as Vice President and Chair of the Major Gift and Fundraising committee and Chair of the Finance and Investment committee. Narciso's expertise in the financial sector was much appreciated by the organization and he was instrumental in implementing the RFP process for our banking, investments, and audit services. Narciso was known for always bringing a little laughter to each committee meeting that he attended.

On behalf of the Board of Directors, staff, and volunteers, thank you Narciso for your years of service and dedication. You will be missed.



In January 2022, Don Burroughs passed away from cancer. Don started his volunteer experience as a driver and event volunteer in 2014 and later that year joined the Board of Directors. As a board member, Don provided valuable insight and could always be counted on to keep CAP clients' needs at the forefront of all discussions. As the Chair of the Human Resources committee, Don's expertise and knowledge from years as an Administrator at Mohawk College were instrumental in the creation of CAP's policies and procedures.

We are so thankful for the many years of service and dedication that Don devoted to CAP. Rest in peace, you will be missed.



Strength & Support

When you
really need it.





Upcoming Fundraisers

Check for updates often at cancerassist.ca/third-party-fundraisers/ or contact events@cancerassist.ca or 905-383-9797 x107 for more information.



Big Yellow Bag Fundraiser

Buying soil or mulch this spring? Help support CAP by using our promo code **CAP22** when purchasing your **Big Yellow Bag** of soil or mulch. You will save \$5 and \$10 will be donated to CAP for every purchase.



Radius' Love Local® Lunchgiving Menu

As part of **Radius' Love Local® Mission**, they are launching their new lunchgiving menu - with **10%** of your Dine In, or To Go lunch bill supporting **CAP**, local hospitals, and non-profit organizations in the community. **Help support CAP and a local Hamilton restaurant with your lunch order!**



FUNDRAISING SPOTLIGHT

Third Party Fundraisers

The Cancer Assistance Program relies greatly on third party or community fundraisers held by individuals and groups throughout the year. By hosting your own event with proceeds benefitting CAP, you are helping to make a very real and tangible difference in many lives. Big or small, every dollar helps, and you can feel great knowing that funds raised stay right here in our community impacting friends, family, neighbours and coworkers directly. With your support, we can continue our legacy of providing help when it is needed most. Contact Dusty at events@cancerassist.ca or 905-383-9797 x107 to start the planning of your fundraiser.

THANK YOU to our community partners who have made CAP their Charity of Choice.

Your partnerships have raised over **\$22,000** in the last 5 months. Thank you for all you do for your community.



Birthday Donations



WINNERS | Eastgate Mall

Our top third-party fundraiser is the Barton Street East Lowe's Home Improvement store. They choose the Cancer Assistance Program as their Charity of Choice for their 2021 Heroes Campaign. Together, staff and customers raised over \$15,000!

These are just a few of Lowe's large team of passionate staff members who held their own fundraisers throughout the year, educated their team about CAP's services and ensured our message got out to all customers who were asked to donate at checkout. We simply do not have words for how important it is to have a community behind you every step of the way. This team stepped up, were campaign heroes, and made a significant difference for those with a cancer diagnosis in our community. We are beyond thankful for their support!



STAFF PROFILE



CAP Welcomes Danielle

We are so excited to welcome Danielle Gibbons to the CAP Staff team. Dannielle is our new administrative coordinator processing your donations and assisting our Board of Directors. Danielle's kind approach, knowledge and expertise make her an asset to CAP. Be sure to stop by the office and introduce yourself.

"I'm honoured to be a part of the CAP team, and to help bring this vital programming to cancer patients in our community."
Danielle Gibbons



PODCAST

cancerassist.ca/cancer-assist-show/

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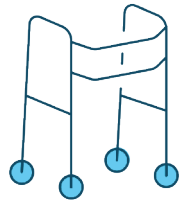


Your Support Makes a Difference

YEAR 2 OF THE PANDEMIC

Our 2021 Total Annual Savings to Patients in Our Community is over

\$676K

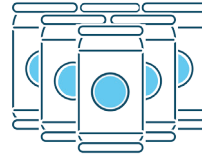


355 LOANED ROLLATORS
= \$127,800



104 RAISED TOILET SEATS
= \$31,200

206 LOANED COMMODES
= \$49,440



3,006 SIX-PACKS OF NUTRITIONAL SUPPLEMENTS
= \$30,060



1,074 FREE PARKING SPOTS
= \$21,480

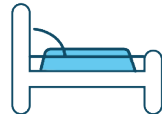
2,629 PACKAGES OF INCONTINENCE PRODUCTS = \$39,285



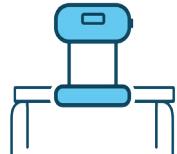
138 LOANED TRANSPORT CHAIRS
= \$66,240



126 LOANED BEDRAILS
= \$30,240



1,198 GROCERY BAGS = \$59,900



113 LOANED BATH TUB TRANSFER CHAIRS
= \$40,680

138 LOANED BATH CHAIRS = \$41,400



1,477 DELIVERY DROP OFFS
= \$9,970



5,908 RIDES TO CANCER-RELATED APPOINTMENTS
= \$39,879

9,950 VOLUNTEER HOURS = \$149,250



* Equipment loan prices based on Rexall Pharma Plus Ltd. 2021 listing



Upcoming Fundraisers

Check for updates often at cancerassist.ca/third-party-fundraisers/ or contact events@cancerassist.ca or 905-383-9797 x107 for more information.



SOUTHBROOK
GOLF & COUNTRY CLUB

Southbrook Golf & Country Club Friday Night 9 and Dines

Enjoy an evening of golf and dinner at Southbrook, where a percentage of sales will be donated back to CAP. **Specific dates coming soon. Check cancerassist.ca/third-party-fundraisers/ for updates.**

Women's 9 and Dine - Tuesday, June 14, 2022. Registration will open soon.



VOLUNTEER SPOTLIGHT

The Heart of Our Organization

CAP is extremely fortunate to have such a resolute team of volunteers who are always generous with their time. Last year our volunteers donated a combined 9,950 of hours to ensure our clients received the help that they needed; despite the challenges we continued to face with the ongoing pandemic. As the heart of our organization, we love to see our volunteer numbers grow. Each volunteer brings with them their own unique skills and talents that when united make us stronger. We were pleased to welcome 12 new friends to the team since the beginning of January. But as with everything, there is always an ebb and flow, and we were saddened to say "good-bye for now" to one of our steadfast Client Service Volunteers this winter. It is never easy to say goodbye, but it certainly eases the sting when we receive heartwarming messages and new recruits. We couldn't ask for more!

Thank You!

2022 Events Overview

8th Annual CARE Walk

SATURDAY, MAY 28, 2022

ANYWHERE, ANYTIME, 5KM – YOUR WAY.

REGISTRATION OPEN! Participate from anywhere at any time. Whether you walk, run, bike, or roll 5km, we hope you will help us come together virtually in honour of a friend or loved one affected by cancer. Register yourself or a team and begin collecting pledges today. Registration is \$20 for adults and free for children. Register or donate online at cancerassist.ca.

We are currently looking for event sponsors, and auction donations. Please contact Dusty - events@cancerassist.ca or 905-383-9797 x107.



SAVE THE DATES!

Annual Golf Classic

Tuesday, August 9, 2022 - Dundas Valley Golf & Curling Club

18 holes, power cart, on-course food stations, drink ticket, gift and on course contests. Early bird registration will be opening soon. Check cancerassist.ca/events/golf-classic/ for updated information and format as details are confirmed.

28th Annual Gala

Thursday, November 10, 2022

This signature fundraising event invites the community to come together, to help raise much-needed funds to provide cancer patients and families with help when it is needed most. Stay tuned for more information as it becomes available in the fall.

Interested in sponsoring this event?

Please contact Dusty - events@cancerassist.ca or 905-383-9797 x107.

CURRENTLY
ACCEPTING
PRIZE AND
AUCTION ITEM
DONATIONS



**ONLINE
AUCTION!**

**VIRTUAL
EVENT**



SATURDAY, MAY 28, 2022
Anywhere, Anytime!
WALK, RUN, BIKE OR ROLL

COST - \$20/adult (children are free)
Join us for a 5km your way - walk, run, bike or roll in your neighbourhood!

WHO ARE YOU WALKING FOR?

REGISTER AT WWW.CANCERASSIST.CA!



Special thanks to our many 2021 GALA DONORS!

Thank you to everyone who tuned in on November 18th, 2021 and supported our **"Better Together"** Gala presented by Johnston Chrysler. Together, over \$100K net was raised to provide cancer patients and families with help when it is needed most.

If you missed our 2021 Gala you can watch it at cancerassist.ejoinme.org/livestream.

Aldershot Landscape Contractors
Ali Shallwani
Alyssa Iaffratis
Amber Ruttan
Ange & Denise Restivo and Family
Angela Bastel
Angela Maccaroni
Angela Morgan
Angela Nardi
Anthony Frisina
Anthony Mancini
AP Insurance Brokers Inc.
Ariella Occasions
Ashlee Leggett
Becky McMahon
Benemar Homes
Bennett's Apples & Cider
Beyond the Batter - Stone Church Rd. E
Binbrook Little Theatre
Binbrook Wave Rentals
Blanche Lynn Schofield
Blue Line Taxi
Bob & Peggy Savage
Boehringer Ingelheim
Bonnie & Mark Pataran
Bounce Radio 102.9
Brianna Service
Bruno Ugenti
Burnt Tongue
Canadian Tire - Osler Rd. E
Candi Wex
Cardi Construction
Carrie Salemi
Catherine Gillespie
Charlene & Steve Hawkins
Chatters Hair Salon
Chicago Style Pizza
Chris Cashin of Jayne Industries
Christina Davino
Chugg's Tap & Grill
CIMA Enoteca
Cindy Sharp
Claire Peace
Clear Digital
Coach & Lantern
Collyer Benson Capital Inc.
Comeback Snacks

Councillor Tom Jackson
Crown Point Wood Company
Daiva O'Neill
Dana Ellingham
Daniel Burroughs
Daniela Giannini
Darlene Vacon
Dave Butler & Debbie Logel Butler
Dave Cusseau
David Magler
David Restivo
Dawson's Hot Sauce
Debbie & Peter D'Amico
Demming's - King, St. E
Diane & Fred Cranston
Dillon's Small Batch Distillers
Domino's Pizza - Upper Gage Ave.
Don Bowman
Don Burroughs
Donna Begin
Doug Dunham
Doug Nelson
Dr. Bill & Jane Evans
Dr. Bob Kemp Hospice
Dr. Darlene Ozimok
Dr. Tony Anziano
Dusty Vacon & Cindy Abrahamian
Earl Anderson
Elaine McWhirter
Elham & Joe Farah
Elizabeth Butera
Elizabeth Cobban
Elvira Beltrame-Presta
Emma McMahon
Ethan Badgley
Fabutan/Hush Lash Studio - Fennell Ave. E
Fascination Florist
Fennell Builders' Supply
FortOntario Credit Union
Fortinos - Mall Rd.
Genuine Bakery
Giant Tiger - Upper Ottawa St.
Glenda Lentes
Gordana Rastovac
Grace Billone
Grace Candie Co.
Grentario

grIT
Guido Di Cesare
Henk & Helena Streun
Hudson's Bay - Upper Wentworth St.
IG Wealth Management Hamilton
Irene Paradisi
Iron Chef Chinese Restaurant
Ivy & Peter Dsa
Jacob Morris
Jacqueline O'Connor
Jane Anderson
Jane Reilly
Janice Rocchi
Janis Bennett
Jeff Naylor
Jeff Sonoda
Jerry Fudge
Jill Gosselin
Jim & Sheila Drury
JMorris Media
Jo Smith
Joanne Battaglia
Jodi Goodrum
Joe and Terry Bocchinfuso
John & Eileen Hutton
John Bianucci
John Boyer
Johnston Chrysler
Joseph Restivo
Josie M Boetto
Joyce Smalley
Juanita & Greg Gledhill
Judy Needham
Judy Restivo
Karen Johnston
Karen Lavell
Katie Travas
Katharine Clayton
Kathleen Delaney
Kathleen Hayden of Dream Space S.O.S.
Kathleen J Sharkey
Kathleen Miller
Kay Penny Florist
Kay Strategy Group
Keg Steakhouse + Bar
(Hamilton, Brantford, Watford)
Kelley's - Paramount Dr.

Ken & Janice Shearer
Kimberly Calderbank
Krista Kay
Krysta Boyer
L.J. Barton Mechanical Inc.
Lakeside Décor & Gifts
Lamont Law
Laura D'Alessandro
Laura Mitchell-Collier
Lauren Drambis
Lava Pizza & Wings
Layne, The Auctionista
Lee Kuhn
Leigh Wood
Len & Marquette Varrasso
Leonard Giacomelli
Les Lasky
Linda Grimshaw
Linda Tallman
Lisa Owens
LIUNA Local 837
Lori Dillon
Lou Cino
Lucas Sinclair
Luke Anderson
Mabel's Labels
Make Up By Jakkie
Malcolm & Nellie Hawkins
Maria & Zach Rowley
Marie Cassiani
Mark Burroughs
Mark Togmus
Mary Jo Valerio
Mary Shaw
Mathew Moore
Matt McPeak
Matthew Reilly
Maureen Kellett
McHugh Whitmore LLP
McQueen Voiceovers
Medical Image Wigs
Megan Travaskis
Melanie Vaarles
Metro - Fennell Ave. E
Michael & Emily Ecker
Michael Halmeier
Michael Lidster

Mike Fortier
Molinaro Group
Monique Taylor
Montana's - Paramount Dr.
Multi-Area Development Inc.
Narciso Bomben
National Tire Distributors
Neal Collier
New Horizon Development Group
Opie's Meats
Orest Ostapiak
Pamela Benoit
Pamela Wepler
Park Market & Refillery
Patricia Wilson
Patrick Sheahan
Paul & Marilyn Heimpel
Peter Kisilsky
Peter Luvisa
Peter Mamer
Peter Morgan
Picard's Peanuts
Raj Aujla
Ray Hutton
Rick Denyes
Rita & Tony Cipriani
Robert Smith
Roma Bakery
Romy & Hedy Anastasio
Ron E Denne
Rose Garden Family Restaurant
Rustic & Reclaimed
Ruth & Greg Organ
Ruth Settle
Ryan Coughlin
Sandy Schwyer
Sarah Shallwani
Shannon Stewart
Shawn & Ed Brewing Co.
Shelley Morin
Shona Livingstone
Shoppers - Centennial Pkwy.
Shoppers - Fennell Ave. E
Soulla Filice
Speedy Subs
Spirit of York Distillery Co.
Splitville Entertainment

Stage Diner
Star Nails
Steve Restivo
Steve Rowley
Steve Strba & Cathy Yantis
Stoney Creek Paving
Strauss Men's Wear - CF Lime Ridge
Strawberry Fields
Stuart Zaltz
Studio 12 Dance Company Inc.
Subway - Concession St
Sue Verrelli
Swiss Chalet - Queenston Rd.
T. Johns Consulting Group
Terra Lightfoot
Terri Schnurr
The Bugiardini Family
The Dirty South
The Purple Pear
The Soup Stop
Theresa Zember
Thomas Lukas
Timea Sarkoz
Tina Molinaro
Tobi Hawthorne
Today's Housewares
Tony & Rita Cipriani
Tori Kellett
Tower Service Station
Trish's Gluten Free Bakery
Tweedside Studio
Two Cougars & a Café
Valentino's Restaurant
Vieri Estates Wine & Spirits
Vincenza Travale
Violette Hagerly
Wendy Hayes
Westinghouse HQ
White Flame
William G Rutledge
William Henry
Yanover's Yardage
Yellow Robot Marketing
Zoetic Theatre



BETTER TOGETHER
A VIRTUAL GALA