

# 25 years

**Volunteers important  
for cancer group**

**“C.A.P.”sule**

**Cancer Assistance Program drivers  
offer help with a sympathetic ear**

**DON MUIR**

**Breaking new ground**

**Helping  
hands**

**Mountain cancer group  
wearing a new CAP**

**Cool CAP**

**Bowling tourney  
raises cash**

**for cancer patients**

**Gala fundraiser  
helps CAP keep  
its services free**

**Moving mountains  
for cancer patients**

*Cancer Assistance Program celebrates 10th  
anniversary with fundraiser this Sunday*

**CAP fundraisers**

**\$13,000 raised  
for cancer**

**CAP CARE WALK**

**Cancer  
program  
moving  
house**

*Hike the rail trail to aid cancer patients*



## Celebrating 25 Years of Continued Service

**DEBBIE LOGEL BUTLER**

Executive Director

Twenty-five years ago, a group of dedicated volunteers, under the leadership of Don Muir, formed the Cancer Assistance Program. On March 15, 1994, the Cancer Assistance Program of Mount Hamilton and District was officially incorporated to provide: **“The provision of non-clinical information, educational materials, dressings and other patient supplies, transportation, loan equipment, fellowship and emotional support to persons afflicted with cancer and other serious illnesses.”**

We would like to thank this dedicated group of volunteers for their vision in creating CAP: Len Varrasso, Joyce McBride, Betty Robinson, Kenneth Rozoski, Susan Stuart, Jeff Mahoney, Lee Dunbar, Jack Lawler, Helen Streun, Arthur Sweeney, Raymond Smith, Donald Pepper, Verna Tanda, Derek Bishop, Donald Muir, Daniel Regan, Cathie Attridge and Grant Darby.

2019 has been a year of reflection and celebration, but also a year of continued growth. Since moving into our larger space at 555 Concession St., we have experienced increases in all our services. A total of 1,134 new clients registered for services in 2019, and on average 25 clients walked through our doors daily. With the continued growth, we welcomed 36 new engaged volunteers who are supporting us in client services, the equipment shop, on special event committees, and in Drive & Ride. Every day we rely on our volunteers and could not deliver services without them...THANK YOU!

This year we also launched our new website. This new site is bright and easy to navigate, offering the information that clients, donors, volunteers and community partners need within a few clicks. Visit [www.cancerassist.ca](http://www.cancerassist.ca) to learn about our services and events, or to listen to the Cancer Assist Show podcast with Dr. Bill Evans for cancer education featuring local experts.

2019 was a very successful fundraising year in signature events and third party fundraisers. We have so much gratitude for our donors who contributed the necessary financial support to meet the growing needs of our clients.

I would like to express my personal appreciation to the CAP staff team who work tirelessly to ensure that we continue to provide the very best in all we do.

To our dedicated Board of Directors, under the leadership of Board President Lisa Owens, THANK YOU. It is an absolute privilege to work alongside such a dedicated group of volunteers who give endless hours sharing their expertise and knowledge, always making decisions that are in the best interest of those we serve.

Today we remain true to our roots of providing practical FREE services to cancer patients in our community. We are so proud of the 25-year legacy this community has built and look forward to continuing to provide **help when you really need it.**

**2019 Staff Team:** Debbie Logel Butler - Executive Director; Lou Cino - Finance Manager; Jim Foreman - Equipment Technician; Maria Eleusiniotis - Volunteer & Client Services Coordinator; Ashlee Leggett - Manager; Fund Development; Wendy Kizlyk - Administrative Coordinator; Melanie Andrews - Community Engagement Coordinator



## CAP’s Journey: Making the World a Better Place

**LISA OWENS**

Board President

This year marked the Cancer Assistance Program’s 25th year of serving individuals and families affected by cancer in the greater Hamilton community. We have continued to provide our clients with compassion, dignity, respect and professionalism, while driving them to appointments, loaning them equipment items, providing nutritional supplements, incontinence products and wigs, and supporting them with free parking spots. None of this could be done without the outstanding support from over 100 volunteers. Endless hours are given each and every day by countless volunteers who service equipment, answer phones, register clients, coordinate rides, drive clients to appointments, volunteer on committees, and participate in our fundraisers. These volunteers are part of our essential team and without them, we could not keep up with the increased demand experienced year after year.

As my term as President comes to an end, I reflect on so many highlights that have truly shown the great work that CAP provides for our community. I remember the excitement of moving into the new building that provides clients with privacy and calmness while they register; our signature events, that in the last few years have been spectacular and exceeded budgets; our rebrand that has allowed CAP to be a more widely known charity in Hamilton; our dynamic staff team that has increased in not only number but also in talent and skill set; and our evolution from the Cancer Assist Show on the radio to a podcast format.

I have been fortunate enough to work alongside a wonderful staff team, with Debbie Logel Butler our Executive Director at the helm. Collectively Ashlee, Wendy, Lou, Jim, Maria, and Melanie all have important roles; whether that be processing donations, raising funds, coordinating volunteers, monitoring CAP’s finances, repairing equipment, or community engagement, we couldn’t do it without them. Their work is crucial so that CAP can continue to provide its outstanding service for many more years to come.

It has also been a wonderful experience to work alongside so many dedicated and knowledgeable Board members over the years. I have enjoyed our meetings, partnerships, discussions, and passion for a cause that is so important.

I want to thank each and every one of you for allowing me to be part of CAP’s journey and evolution throughout my last four years as Board President. It has been an honour to serve, experience, and participate in all that is CAP and I am excited for what this upcoming year is going to bring; an increased number of third party events, another outstanding Gala, heightened awareness, the launch of the Cancer Assist Show as an educational podcast, and so much more.

Here’s to our dedicated team of volunteers, who give selflessly of their time, talent and treasures...**Thank you for making the world a better place.**

**2019 Board of Directors:** Lisa Owens - President; Narciso Bomben - Vice President; Paul Heimpel - Past President; Don Burroughs; Michael Ecker; Dr. Bill Evans; Ray Hutton; Stanley Tick; Bruno Uggenti; Jennifer Watson McQueen; Joanne Battaglia; Somya Gupta





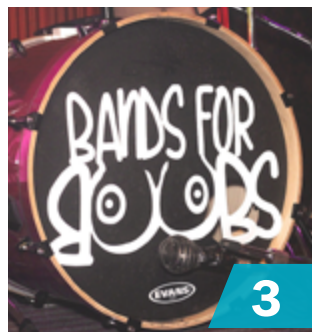
# 2019

## Year in Review

The Cancer Assistance Program's 25th year was filled with many memories, celebrations and successes. Below are only a few of these highlights where you will see some of the faces and smiles of community members who made this possible.

### HIGHLIGHTS

- 1. Third Party Fundraiser, OECTA H.S.U. Helps Gala**  
February 22nd, 2019 at LIUNA Station  
Emcees Michael Borrelli and Michelle Vesprini during opening remarks. An incredible \$40,000 was raised for CAP.
- 2. CAP's 25th Anniversary of Incorporation**  
March 15th, 2019  
Enjoying cake and punch with volunteers in celebration of 25 years of dedicated service to our community.
- 3. Third Party Fundraiser, Bands for Boobs #6**  
April 7th, 2019 at The Casbah  
6th Annual all-day & night concert run by Ginger St. James featuring over 40 performances, raising over \$3,000 for CAP.
- 4. Volunteer Appreciation Dinner**  
April 9th, 2019 at Michelangelo's  
25-year volunteers being celebrated for their long-standing dedication and service to CAP.
- 5. Third Party Fundraiser, Calendar Girls Play**  
April & May, 2019 at Dundas Little Theatre  
Some of the cast, the producer and the director presenting a cheque for over \$3,000 raised for CAP.



As we reflect on a quarter century of free and practical support for cancer patients and families, we owe it to the countless volunteers, donors, sponsors, partners and advocates who have supported us along the way. Thank you for celebrating this milestone with us!

### HIGHLIGHTS

- 6. 5th Annual CARE Walk**  
May 25th, 2019 at Bayfront Park  
Long-standing participants, Team Jim, after completing the 5km walk. Over \$39,000 (net) was raised.
- 7. 41st Annual Golf Classic**  
August 13th, 2019, Dundas Valley Golf & Curling Club  
Golfer mid-swing on a specialty hole. Beautiful day for a tournament, raising over \$34,000 (net).
- 8. Lowe's Heroes Campaign**  
September 2019 at Lowe's (Barton Street East)  
Lowe's staff and Manager presenting a cheque for over \$16,000 to CAP as the store's Heroes Campaign beneficiary for 2019.
- 9. 25th Anniversary Gala**  
November 8th, 2019 at Michelangelo's  
Mystery Balloon Pop Raffle winners on stage before popping their balloons to reveal their prizes. This milestone event raised over \$113,000 (net) and was a memorable evening for all.
- 10. Volunteer Holiday Party**  
December 10th, 2019 at Ye Olde Squire  
Volunteers and staff enjoying good food and great company during the holiday season.







# A 25 YEAR LEGACY

**“Twenty years from now you will be more disappointed from the things you didn’t do than by the ones you did do. So throw off the bowlines. Sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover.” ~ Mark Twain**

In our case it was twenty-five years ago that a small but mighty group of volunteers dreamt big, took a risk, and created a presence on Hamilton mountain to provide cancer patients and their families with much needed supports as they managed their cancer diagnosis. With only seven registered clients in our first year, to twenty-two new clients registering on a weekly basis today, the dream of these dedicated men and women has become a reality that has gone well beyond their expectations.

In 1994, the Canadian Cancer Society (CCS) decided to amalgamate their offices and move out of their Hamilton mountain location. Thinking such a move was an unthinkable situation for cancer patients and their families, a small but hugely committed group of volunteers began a process that today is a legacy of goodwill, kindness, and compassion. With a grant from the New Horizon’s Program, these men and women, within a short but very busy year, established the Cancer Assistance Program (CAP). How fitting it was that their opening was celebrated with the Mountain News headline, “Mountain Cancer Group Wearing a New CAP.”

Similar to today, the services offered then were free and practical in nature. Equipment was offered to cancer patients to help them safely return home from treatment. Education in the area of cancer prevention was shared with young and old. Drives were provided to and from cancer appointments. With the dedication of many volunteers, CAP’s service to the community grew such that over the course of twenty-five years, CAP had to move four times – each time to a bigger and better location for serving clients.

**CAP’s first meeting in Sherwood Secondary School  
May 6, 1994**



It takes a village to raise a child, and it took a village to make us who we are today. Like today, the CAP of yesterday relied on the generosity of the community who attended an unprecedented number of events (almost one a month!), all organized by volunteers. Events included Moving Mountains, Hike the Rail Trail, Presidents’ and Principals’ Bowl, a yearly celebration of all things cultural called Musical Mosaic, a spaghetti supper, St. Patrick’s Day bowling party, Mountain Plaza Mall bazaars, flower sales and an annual golf tournament that still continues today. Communications to all who came to be touched by CAP was via a monthly newsletter, the CAPsule. It shouldn’t surprise us to know that the newsletter was printed in black and white and then coloured by volunteers to save money. However, this was also a monthly excuse for some fellowship, for the colouring started with tea and cookies, was interrupted by lunch, and ended with more tea and cookies.



**Bowling Tournament  
2000**



**Moving Mountains  
2003**



**CARE Walk  
2018**



**Musical Mosaic  
2000**



**Golf Tournament  
1996**



**Joe Baiardo with CAP's founder, Don Muir  
2000**



**Garden Party  
2006**



**Spaghetti Dinner  
2005**



**Hike the Rail Trail  
2002**

So many of the volunteers who joined CAP during its early years are still part of our large number of active volunteers who are the backbone of “A Small Organization with a Big Job and a Caring Heart.” While volunteers no longer colour our newsletters by hand, they remain on the front lines of the organization, providing direct service to our clients. They are the friendly face that greets family and clients at the front desk ensuring they receive the supports they need. They drive our clients to appointments, repair and sanitize equipment, volunteer at events, send cards to clients, update files and organize fundraising activities. Our volunteers not only help to keep our lights on, but ensure our services are running smoothly.

Over the past twenty-five years, we have grown to meet the needs of cancer patients in our community. In 2019, we loaned out 3,022 pieces of equipment. We provided 3,196 six-packs of nutritional supplements and 2,729 packages of incontinence products. We provided just over 2,300 parking spots for appointments at the Juravinski Cancer Centre and Hospital, along with 11,053 rides to and from cancer-related appointments. Our volunteers dedicated over 21,000 hours of their time delivering services or engaging in fundraising activities. All of this with the common goal of ensuring we are able meet the demand for the practical and free supports that formed the nucleus of the Cancer Assistance Program twenty-five years ago, and is still the focus of our service to the community today.

Andy Rooney once said, “Everyone wants to live on the mountain, but all the happiness and growth occurs while you are climbing it.” The volunteers that made our home on the mountain possible are a true testament to the fact that happiness and growth comes from the journey, not the endgame. A cancer diagnosis continues to be a reality for so many in our community. As long as the need is there, the Cancer Assistance Program will continue to climb to meet that need by offering the free and practical supports that began our legacy twenty-five years ago.

Thank you to the many volunteers who have helped build CAP’s reputation as an essential partner in the healthcare community. Since our doors first opened in 1994, CAP continues to be there by providing **‘Help when you really need it.’**



# SERVICES & IMPACT

2019 Statistics

\$734K

2019 ANNUAL TOTAL SAVINGS TO PATIENTS IN OUR COMMUNITY



11,053

rides to cancer-related appointments



2,327

free parking spots for appointments



2,729

pkgs of incontinence products



3,196

6-packs of nutritional supplements



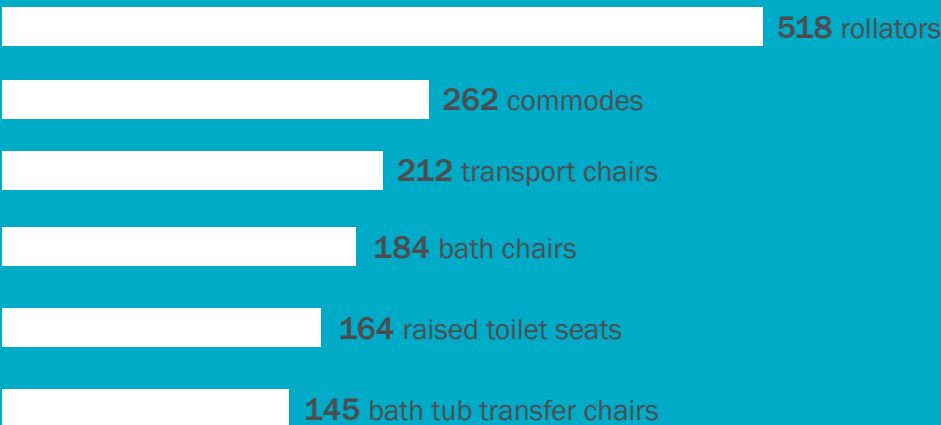
21,077

volunteer hours

3,022

Equipment Pieces  
Loaned Out

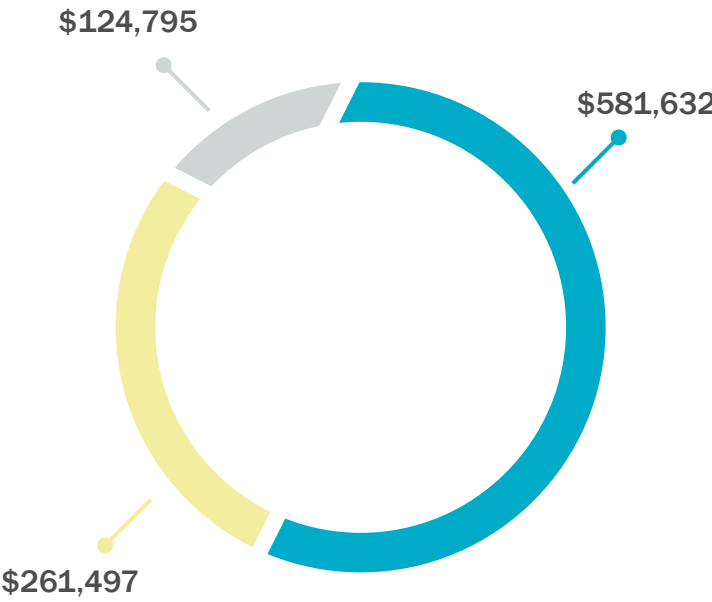
## TOP EQUIPMENT ITEM LOANS



# FINANCIALS

2019 Revenue and Expenses

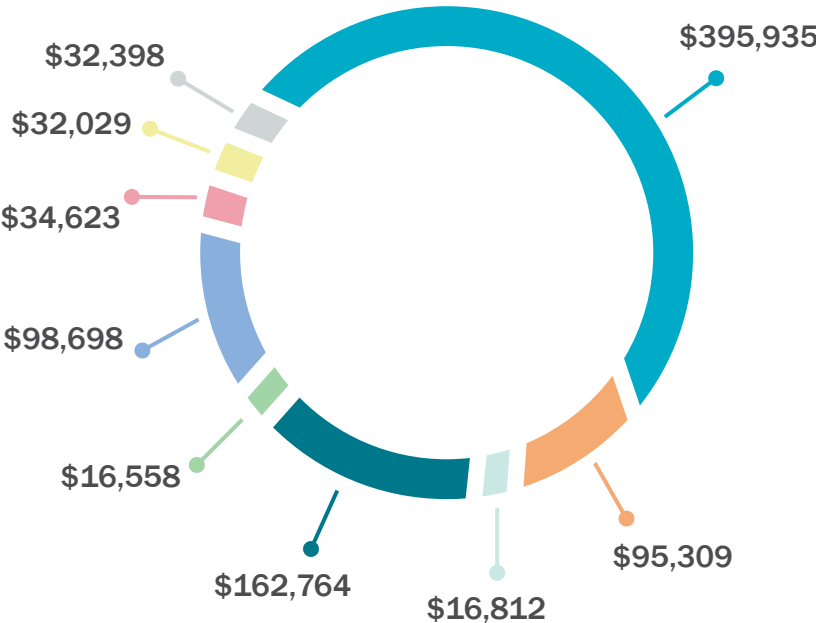
## 2019 EXPENSES



- Charitable Activities (60%)
- Management & Administration (13%)
- Fund Development (27%)

TOTAL EXPENSES: \$967,924

## 2019 REVENUE



- Special Events
- Major Gifts
- Legacies & Bequests
- Interest
- Grants
- Donations - Drive & Ride
- Donations - Undesignated
- Gifts-In-Kind
- Donations - In Memoriam

TOTAL REVENUE: \$885,127

# THANK YOU DONORS

We’re incredibly grateful for your support!

Donations \$300+ made by donors and friends who supported CAP’s services between Jan. 1 - Dec. 31, 2019:

- > 100 Women Who Care Hamilton
- > 2019 Golf Committee Members
- > 2462292 Ontario Inc.
- > 3 for 1 Glasses (Upper James)
- > 4imprint
- > 802779 Ontario Inc.
- > 8812896 Canada Inc. Michael Fitzpatrick
- > Abbott Laboratories
- > Ad Plus Promotions
- > Advantage Concrete - 1537026 Ontario Inc.
- > Aeryn de Lara
- > Al and Marlenee Guerra
- > Aladdin’s Adventures Indoor Playland
- > Alex Khassanov
- > Allegra Hamilton
- > ALR Private Car Services
- > Amica (Stoney Creek)
- > Ancaster Film Fest
- > Ancaster High School
- > Andrea and Ralph Farkas
- > Ange & Denise Restivo & Family
- > Angeline Voo
- > Ann Robertson
- > Anna’s Nail Salon
- > Anne-Marie and Steve Schneider
- > Anthony and Laura D’Alessandro
- > Any Transmission Ltd.
- > Arden Schofield
- > Arlene Connor
- > Arlene Singer
- > Art Gallery of Hamilton
- > Art Gallery of Ontario
- > Artemio Puga and Irene Ladniak
- > Arterra Wines Canada
- > Automation Design & Installation
- > Baci Ristorante
- > Baldasaro Contracting Inc.
- > Bands For Boobs
- > Barangas on the Beach
- > Barbara and Bob Harwood Fund
- > Barbara Bowen
- > Barbara J. Pegg
- > Basiliki Passaretti
- > Bay Gardens Funeral Home & Bayview Cemetery
- > Bayshore Home Health
- > Beanermunky Chocolate
- > Becky McMahon
- > Benemar Homes
- > Bernard Stout
- > Bernie and Dora Suriani
- > Beverley Colbeck
- > Beverley Corsini
- > Beyond the Batter (Stone Church)
- > Bill and Jane Evans
- > Bill Gordon
- > Binbrook Little Theatre
- > Bishop Tonnos Catholic Secondary School
- > Bishop Tonnos Catholic Secondary School Students
- > Black Forest Inn
- > Blackheath Binbrook Lions Club
- > Blair Blanchard Stapleton Ltd.
- > Blake Calder
- > Blue Line Taxi
- > Bob Morreale
- > Bob Siegel
- > Bodyline Auto Recyclers
- > Boston Pizza (Main St. W)
- > Bras for Buddies
- > Brenda and Renato Ferritto
- > Bruno Uggenti
- > Brux House
- > Bryan Lillycrop
- > Burts Bees | Clorox
- > Cadbury
- > Campbell Mihailovich Uggenti LLP
- > Canadian Asphalt
- > Cancer Assist Show
- > CAP Board of Directors
- > Cardi Construction Limited
- > Cardinal Newman Catholic Secondary School
- > Carla D’Elia
- > Carla Galli
- > Carmen’s Group
- > Caro Restaurant
- > Carol Anne Roth
- > Carol Blevins
- > Carolyn Spearing
- > Carolyn W. Gray
- > Cartoon Bob
- > Catharine Cunningham
- > Catholic Youth Organization
- > Cathy Corbacio
- > Cathy Sheppard
- > Cathy Yantsis
- > CCBC LLP
- > Cecelia Carter-Smith
- > Chadwicks & Hacks
- > Charities Aid Foundation Canada
- > Charlene and Stephen Hawkins
- > Charles and Florence Martin Foundation
- > Charles Kirk
- > Charles W. Boxall
- > Chatters Hair Salon
- > Chedoke Bocce Club
- > Chedoke Flowers
- > Cheryl Tinson
- > Chicago Style Pizza
- > CHML Street Team
- > CHML900
- > Chris Garofalo
- > Christina M. Davino
- > Christine Walker
- > Christopher Barlow
- > Christopher Barrett
- > Chuggy’s Tap & Grill
- > CI Investments
- > CIBC Wood Gundy
- > City of Hamilton
- > Claire and Kate Woodley
- > Claire and Peter Kislinsky
- > Claire Kostyshyn
- > Clarence Roach
- > Claudia Ionico
- > Climb for Cancer
- > Coach & Lantern
- > CocoMazzi Salon & Spa
- > Colin Mowbray
- > Collyer Benson Capital Inc.
- > Connell Transport Intl Inc.
- > Copetown Woods Golf Club
- > Corinne Ethier
- > Cornelia Groep
- > Costco (Meadowlands)
- > Creative Insight Pottery
- > Crock A Doodle (University Plaza)
- > Crossett Inc.
- > Crumbuns Bakeshop
- > Cupe Local 2888
- > Cutting Edge Studio Salon & Spa
- > Daiva O’Neill
- > Dale McDonald
- > Danica Robertson
- > Darren McCrory
- > Data Communications Management Corp.
- > Dave and Terri Iarusso
- > Dave Butler
- > David and Debbie Magier
- > David and Renata Lumsden
- > David Cremasco
- > David Hansen
- > David Johnson
- > David’s Restaurant
- > Dean Cameron
- > Denise Konig
- > Denninger’s
- > DHL/P&G CDC Brantford (University Plaza)
- > Diamante Investments
- > Diane Taylor
- > Dignity Memorial
- > Diletti Salon & Spa
- > DiPaolo Medicine Professional Corporation
- > Dolce Kamira
- > Domino’s Pizza (Upper James St.)
- > Don Bowman
- > Don Burroughs
- > Donna and Doug Johnson
- > Donna Dixon
- > Doug Timmins
- > Douglas W. Nelson
- > Dr. Darlene Ozimok
- > Dr. J. A. Patterson Medicine Professional Corp
- > Dr. Sean McDonough Dentistry
- > Dr. Tony Anziano
- > Dream Space S.O.S.
- > Dundas Little Theatre Inc.
- > Dundas Valley Golf & Curling Club
- > Dundas Valley Secondary School
- > Dutchman Florist
- > Earl Anderson
- > East Side Mario’s (Upper James)
- > Edward and Beverley Godwaldt
- > Elham & Joe Farah
- > Elizabeth Eldridge
- > Elmhurst Inn & Spa
- > Elvira and Paul Presta
- > Emily Rempel
- > Equal Parts Hospitality
- > Erie Boys Band
- > Ernie Coulson
- > Estate of Carol Margaret Cole
- > Estate of Elsie Jane Thorn
- > Estate of Joyce Pasquier
- > Estate of Mary Alexandra Wright
- > Estrada’s Cleaning Services
- > Expedia Cruise Ship Centers
- > Farm Boy
- > Fascination Florist
- > Ferrell Builders’ Supply
- > Fidelity Investments
- > Filomena Tassi, MP
- > Fire Code Maintenance & Consulting Ltd
- > FirstOntario Credit Union
- > FirstOntario Credit Union (Dundas St. W, Oakville)
- > FirstOntario Credit Union (Dundurn St. S)
- > FirstOntario Credit Union (Upper James St.)
- > FirstOntario Credit Union (Upper Sherman Ave.)
- > FirstOntario Credit Union (Upper Wentworth St.)
- > Fisher’s Pub
- > Flying Squirrel Hamilton
- > Folkes Car Care Co.
- > Food Basics (Mohawk Rd. E)
- > Food Basics (Mohawk Rd. W)
- > Fortinos (Hwy. 8)
- > Fortinos (Mall Rd.)
- > Fortinos (Upper Centennial)
- > Fortinos (Upper James St.)
- > Foundation for Human Development
- > Fox Harb’r Resort
- > Frank Silvestri
- > Fred & Diane Cranston
- > FreshCo (Upper Gage Ave.)
- > G. Walker Real Estate Inc.
- > Gaelen Kalles
- > Gary and Sandra Magwood
- > Gary Sexton
- > Genuine Bakery & Catering
- > Geoff and Joan Walker
- > Gerald Keith
- > Giant Tiger (Upper Ottawa St.)
- > Gilda Marchesano
- > Golden Horseshoe Tire Service (1988) Ltd.
- > Good Shepherd Centre Hamilton
- > Goodness Me (Upper Gage Ave.)
- > Gopal Kamini
- > Gordana Rastovac
- > Gordon Bull
- > Gore Mutual Insurance Company Foundation
- > Grace United Church
- > Graeme Lambert
- > Grandad’s Donuts
- > Grant Thornton LLP
- > Greenhorizons Sod Farms
- > Greg Splan
- > Gregory and Juanita Gledhill
- > Groupe Média TFO
- > Guardian Angels Catholic School
- > Hamilton Board of Approved Basketball Officials
- > Hamilton Bulldogs
- > Hamilton Bulldogs Foundation
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- > Hamilton Food Share
- > Hamilton Health Sciences Corp.
- > Hamilton Honey Badgers
- > Hamilton Indoor Go Karts
- > Hamilton Philharmonic Orchestra
- > Hamilton Police Retirees Association
- > Hamilton Police Service Project Concern
- > Hamilton Tiger-Cats
- > Hans Rerup
- > Harry and Ann Mulvale
- > Harry Rodzoniak
- > Harry Smit
- > Harry’s Fish & Chips
- > Hasty Market
- > HCE Telecom
- > Helaine Guther-James
- > Helen Lotimer
- > Hess Millwork
- > Hillay Nabi-Shaikh
- > Home Hardware (Fennell Ave. E)
- > Hotti Biscotti
- > Hutton Family
- > Huu Ha
- > India Village
- > Inissina Marchesano
- > IOS Estiatorio & Wine Bar
- > Iron Chef Chinese Restaurant
- > Jacqueline Ashbaugh
- > Jacqueline Ruddlesdin
- > James and Dorothy Hagen
- > James Blaney
- > James D. Oates, CPA
- > James W. Foreman
- > Jan Burke-Gaffney
- > Janco Steel Ltd.
- > Jane and Michael Schwenger
- > Jane Anderson
- > Jane Reilly
- > Janet McCaslin
- > Janis A. Thatcher
- > Jay Daleo
- > JDI Cleaning Systems
- > Jeff Cockshutt
- > Jeff Lack
- > Jen Watson Voice Overs
- > Jenn Morreale
- > Jennifer and Gavin McConville
- > Jerry and Diane Ramsbottom
- > Jerry Fudge
- > Jill Murray
- > Jim and Linda Smith
- > Jim and Sheila Drury
- > Jim Duggan
- > Jim Stewart
- > Joanne Battaglia

# THANK YOU DONORS

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