



**CARE**  
walk



Run | Walk | Roll

**Saturday, May 25th, 2019**  
**Bayfront Park**



Registration: 9:00 a.m.  
5km Walk: 10:00 a.m.  
Cost: \$20 per adult (under 18 are free)

Visit [cancerassist.ca](http://cancerassist.ca) to register  
online or contact Ashlee Leggett:  
905-383-9797 ext. 107 or  
[aleggett@cancerassist.ca](mailto:aleggett@cancerassist.ca)

Follow us:



**All are  
welcome!**

Entertainment, lunch and family  
activities included!

Run | Walk | Roll



COMMUNITY NEWSLETTER  
SPRING 2019



IN THIS ISSUE:

Like a Million Dollars  
Honey Badgers Tickets  
2019 Events Overview  
H.S.U. Helps Gala

MESSAGE FROM THE EXECUTIVE DIRECTOR:

## Celebrating CAP's 25-Year Legacy



This year marks a significant milestone for the Cancer Assistance Program as we celebrate 25 years of dedicated service to cancer patients in the greater Hamilton community. Each and every day, I am so honoured to be leading this organization and witnessing first-hand the impact and relief our essential services provide to individuals and families that come through our doors. I am consistently inspired and driven by our enthusiastic team of volunteers that give so much of their time and compassion to our clients. In my year and half as part of the CAP team, I must commend the number of volunteers who have been the driving force of this organization since day one, and the many who followed to provide help when it is needed most.

With funding from the Ministry of National Health and Welfare's New Horizon Program in 1994, the Cancer Assistance Program began a legacy of supporting cancer patients in our community. Friday, March 15th marked the official anniversary date of CAP's incorporation. On this date alone, 8 new clients were registered — more than the total number of clients registered when CAP first opened. Despite advances in cancer care and treatment, the incidence of a cancer diagnosis continues to rise and our services continue to provide much needed physical, financial and emotional relief to families touched by this disease. We hope to continue supporting cancer patients and their families with free practical and tangible services that allow patients to remain in the comfort of their own homes while they undergo treatment.

We took some time to recognize and celebrate our incredible team of volunteers at our Annual Volunteer Appreciation event Tuesday, April 9th at Michelangelo Events & Conference Centre during National Volunteer Week. This year's theme was "The Volunteer Factor – Lifting Communities." CAP relies immensely on our volunteers to serve on the front lines of our

organization, and we are honoured to celebrate and recognize their contributions in lifting the Hamilton community for over a quarter century. We would like to give special mention to those who have been volunteering with CAP since the doors were first opened 25 years ago. Congratulations to the following:

Marlene Bohn  
Laurie Burley  
Dave Davey  
Jim Stewart

Helena Streun  
Henk Streun  
Soosie Stuart  
Len Varasso

On behalf of the Board of Directors, staff and clients of CAP, a heartfelt thank you to each of these volunteers for their service and commitment to the Cancer Assistance Program. Having paved the way for the wonderful new faces that have followed in their footsteps, we are extremely grateful for the devotion and loyalty provided to CAP and our community. A special thank you to all of our volunteers, who in 2018 alone, collectively donated over 18,000 hours of their time!

"At the end of the day it's not about what you have or even what you've accomplished... it's about who you've lifted up, who you've made better. It's about what you've given back." – Denzel Washington

Our volunteers and donors have been the backbone of this organization for 25 years, and will continue to play a vital role in the many years ahead. We plan to continue serving our community for another 25 years and appreciate your past and continued support.

Sincerely,

*Debbie Logel Butler*

Debbie Logel Butler

Cancer Assistance Program

555 Concession Street, Hamilton, ON L8V 1A8

905.383.9797 | [inquiries@cancerassist.ca](mailto:inquiries@cancerassist.ca) | [cancerassist.ca](http://cancerassist.ca)





New Website

You may have noticed that we launched our new look in the fall to coincide with our office move to 555 Concession Street. We are very pleased to announce that we've just launched a new website, encompassing our new branding and updating the content and layout to streamline information about CAP, our services, volunteer opportunities and events. Visit [cancerassist.ca](http://cancerassist.ca) to check it out!

Honey Badgers Tickets in Support of CAP!



The Hamilton Honey Badgers of the Canadian Elite Basketball League are Hamilton's newest professional sports team. Led by Chantal Vallée, the first woman to hold both Head Coach and General Manager positions with a men's professional basketball team, the Honey Badgers will begin their Inaugural Season this May at the FirstOntario Centre. The Honey Badgers are offering a special fundraising initiative for the Sunday, July 21st, 2019 game at 4pm. Tickets are only \$22 and \$4 of every ticket purchased will go back to the Cancer Assistance Program.

Visit <https://badgers.spinzo.com/> CAP or [cancerassist.ca](http://cancerassist.ca) to buy tickets today and support both the Honey Badgers and CAP!



Like a Million Dollars



"My Mother always put others before herself. I felt lucky and proud to be her daughter. She had a huge heart and an amazing sense of humour.

She came to know of the Cancer Assistance Program when she drove a friend there to volunteer. I remember how impressed she was when she heard about the variety of services offered to patients... And I remember her disbelief when she discovered they received no sustainable government funding for this important work.

CAP became her charity of choice. She'd make donations throughout the year and tell others about what a great organization it is. None of us ever imagined that one day she'd be eligible to use their services herself.

When my Mom was diagnosed with myelodysplastic syndrome, it felt like our world came crumbling down. It's a bone marrow disease that often turns into leukemia. We knew we didn't have a long time left with her.

My Mom was eligible for help through the Cancer Assistance Program, but never ended up needing it. Our family came together to drive her to and from her appointments – weekly blood tests

and bi-weekly blood transfusions. Each time one of us would take her to the hospital, I'd reflect on how lucky we were to live so close. Not everyone is that lucky, and that's why CAP's services are so important to the Hamilton community.

My Mother stayed fiercely loyal to this organization throughout her life, so none of us were surprised to learn she'd made the decision to leave a gift to CAP in her will. Her generosity set an incredible example for the whole family.

When CAP received her gift, the Executive Director told me it was like a million dollars to an organization of their size. My Mom made an amazing difference even beyond her own life. That's something we're all very proud of.

Today, I'm a CAP volunteer and donor myself. I miss my Mother every day, and often find myself going to pick up the phone to call her and tell her about the latest development in my life. My connection to CAP feels like a connection to her.

I hope others will consider making their own legacy gift to the Cancer Assistance Program. I've been humbled to see the impact these kinds of donations can make – it makes me so happy to know my Mother is doing in death as she would have done if she were still alive. What more could a daughter ask for?"

- Charlene Hawkins

If you have any questions about making a Planned Gift or would like more information, please contact us in confidence at 905-383-9797 x107.

Volunteers Needed

Spring has sprung at CAP and we are thankful for the new volunteers that have joined us in service to the cancer community. They bring life and energy to the days of clients and staff here at CAP. We were pleased to partner with The Lung Association to deliver tulips to clients this past March – thank you to the drivers that helped! We're so grateful for our compassionate and committed volunteers who give thousands of hours of service every year to cancer patients in the Hamilton community. We are always looking for more volunteers to help organize events, register clients, work in the equipment shop and transport clients to appointments.

To inquire about volunteering at CAP, please contact Maria at 905-383-9797 x102 or [meleusiniotis@cancerassist.ca](mailto:meleusiniotis@cancerassist.ca).

2019 Events Overview

5TH ANNUAL CARE WALK – SATURDAY, MAY 25, 2019 AT BAYFRONT PARK



**REGISTRATION OPEN!** Walk, run or roll 5km in honour of a friend or loved one touched by cancer by participating in the Annual CARE Walk - walking to Create Access and REmove barriers to cancer care. Start or join a team, set a fundraising goal, and begin collecting pledges to help ease the physical, emotional and economic impact of cancer for those in our community. Registration is \$20 for adults (under 18 are free) and includes breakfast, lunch, entertainment and family activities.

41ST ANNUAL GOLF CLASSIC – TUESDAY, AUGUST 13, 2019 AT DUNDAS VALLEY GOLF AND CURLING CLUB



**SAVE THE DATE!** One of CAP's longest running events is its Annual Golf Classic, proudly presented by Johnston Chrysler. Golf registration is \$200 and includes 18 holes, power cart, pass-port (access to on course contests), lunch and dinner (\$60 for dinner only). Registration opens in May.

25TH ANNUAL GALA – AN EVENING OF CARING – FRIDAY, NOVEMBER 8, 2019 AT MICHELANGELO EVENTS & CONFERENCE CENTRE



**SAVE THE DATE!** In celebration of 25 years of service, we invite you to join us for a memorable evening at our Annual Gala. This premiere fundraising event brings together hundreds of community members to celebrate and raise the much-needed funds for CAP's valuable and free services. Tickets are \$100 and includes dinner, wine at table, live entertainment, live auction, and special opportunity to support a CAP program. Tickets available in the Fall.

For more information on events, visit [cancerassist.ca](http://cancerassist.ca) or call 905-383-9797 x107.

THANK YOU TO OUR 2018 ANNUAL GALA - AN EVENING OF CARING DONORS

Active Green & Ross (Fennell Ave. E)	Dutchman Florist	Len Varrasso	Rick James
Amica (Stoney Creek)	East Side Mario's (Upper James St.)	Lighthouse Theatre	Rocky Mountaineer
Andrea Horwath, MPP	Enrapt Boutique Spa	Linda Grimshaw	Roma Bakery
Ange & Denise Restivo and Family	Estelle Richards	Linseed's Boutique	Sandman Hotel Group
Ashlee Leggett	Expedia Cruise Ship Centers (University Plaza)	Lisa Owens	Sandy Shaw, MPP
Bay Gardens Funeral Home & Bayview Cemetery	Farm Boy	Little Saigon	Satellite Gardens
Beanermunky Chocolate	Fascination Florist	Lococo's (Barton St. E)	Savannah Toscani
Berkeley North	Ferrell Builders' Supply	Lucilla D'Alesio	Scott Duvall, MP
Beyond the Batter (Stone Church Rd. E)	Filomena Tassi, MP	Lulu's Italian Cuisine	Sherwin Williams
Bill Evans	First Choice Hairdressers (Fennell Ave. E)	Magiacuts (Mall Rd.)	Shoeless Joe's Sports Grill (Upper James St.)
Binbrook Little Theatre	FirstOntario Credit Union	Maison Fritz Salon & Spa	Shoppers (Fennell Ave. E)
Blue Line Taxi	Fisher's Pub	Marcus Bright	Shoppers Drug Mart (Limeridge Mall)
Boston Pizza (Main St. W)	Fortinos (Hwy 8)	Marel Real Estate Brokers	Sobey's (Stone Church Rd. E)
Bras for Buddies	Fortinos (Main St. W)	Mark Runciman	Southbrook Golf & Country Club
Bruno & Karen Uggenti	Fortinos (Mall Rd.)	Mary Brown's Chicken & Taters	Southern Pines Golf & Country Club
CAA (Upper Wentworth St.)	French Accent	Mastectomy Lingerie & More	Speedy Subs
Campbell Mihailovich Uggenti LLP	G. Walker Real Estate	McDonald Organizational Health	Splitsville Entertainment
Candi Werx	Genui Bakery	McHugh Whitmore LLP	Stan Tick
CAP Board of Directors	Giant Tiger (Upper Ottawa St.)	McNally Construction	Star Nails
Cardi Construction	Golden Griddle (Fennell Ave. E)	Melissa Heffernan	Strat Perioris
Carla D'Elia	Good Shepherd	Metro (Fennell Ave. E)	Style Me Salon & Spa
Catholic Youth Organization	Goodness Me (Upper Gage Ave.)	Michael Borrelli	Subway (Concession St.)
Chadwick & Hacks	Greenhorizons Sod Farms	Michael Ecker	Susan Sydiuk
Charlene & Steve Hawkins	HairCrafters (Mohawk Rd. E)	Michael Lidster	Tawse Winery
Chedoke Flowers	Hakim Optical	Michelangelo Events and Conference Centre	The Express Restaurant
Chicago Style Pizza	Hamilton Board of Approved Basketball Officials	Mike Fortier	The Other Bird
CHML900	Hamilton Firefighters	Milestones (Paramount Dr.)	The Player's Guild of Hamilton
Chris' Store Fixtures	Hamilton Indoor Go Karts	Miller Shoes	The Soup Stop
Christina Davino	Harry's Fish & Chips	Monique Taylor, MPP	Theatre Aquarius
CIBC Wood Gundy	Holland Park Garden Gallery	Montana's (Paramount Dr.)	Tim Hortons (Fennell Ave. E)
CK Engineering Inc.	Hudson's Bay (Limeridge Mall)	More Good Hair Days	Tip Top Tailors (Burlington Mall)
Claudia Ionico	Insurance Advisory Group Inc.	Morgenstern's	Today's Housewares
Coach & Lantern Pub	James D. Oates, CPA	Mountain Beauty & Esthetic Supply	Toms + McNally Design
Collaborative Structures	Jennifer McQueen	Mountaineer Movers	Trish Giglia
Collyer Benson Capital	Jenni's Experiment	Multi-Area Development Inc.	Urban Barn (Stone Church Rd.)
Costco (Meadowlands)	Johnston Chrysler	Namaste Wellness Collective	Valentino's Restaurant
Cutting Edge Studio Salon & Spa	Kacaba Vineyards & Winery	Narciso Bomben	Victoria Young
Daiva O'Neill	Kathleen Miller	Nino's Ristorante	Virginia D'Alesio
Dave Christopherson, MP	Kay Penny Florist	Opie's Meats	Wear's Flowers & Garden Centre
De La Vie Photography	Kelsey's (Paramount Dr.)	Papa Leo's Restaurant	Weeks Home Hardware
Denninger's	King's Landing Bar & Grill	Patricia Langdon	WestJet
Designers Printing	L.G. Wallace Funeral Home	Patrick Sheahan	White Flame
DHL/P&G CDC Brantford	La Bakeri	Paul & Marilyn Heimpel	Wick'd Wax Creations (Concession St.)
Dolce Kamira	La Spaghet	Paul Miller, MPP	Wimpy's Diner (Fennell Ave. E)
Don Burroughs	Lava Pizza & Wings	Picone Fine Food	YMCA of Hamilton Burlington Brantford
Dr. Darlene Ozimok	Leaning Post Winery	Pokehbar	Zarky's Fine Foods
Dr. Tony Anziano	Lee McKay	Ray Hutton	
Dutch Mill Country Market	Leggat Chevrolet Cadillac	Redstone Winery	
	Buick GMC (Fairview St.)	Rexall Pharma Plus (Upper Ottawa St.)	



H.S.U. Helps Gala



On Friday, February 22, 2019 at Liuna Station, the Hamilton Secondary Unit of the

Ontario English Catholic Teachers' Association (OECTA) hosted their inaugural dinner & dance fundraiser in support of CAP. Selling out with over 600 guests in attendance, the evening included a formal dinner and performances by the band Reflexion and Canadian Idol Brian Melo.

The evening was an unforgettable one, honouring the many Catholic High School teachers who have been affected by cancer. With special presentations, including recognition of Jeff Toole as the recipient of the Tony DiMarco Memorial Award, MC's Michael Borrelli and Michelle Vesprini hosted a night we are forever grateful for. An incredible \$40,000 was raised so we can continue to support cancer patients in our community with FREE services. Congratulations and thank you for the overwhelming support of all involved!

For more information on hosting a third party fundraiser, contact Ashlee at 905-383-9797 x107 or [aleggett@cancerassist.ca](mailto:aleggett@cancerassist.ca).

Data Cleanup

CAP is working hard to ensure our mailings are as cost-effective as possible. If you have received multiple mailings or your contact information requires updating, please call us at 905-393-9797 x101 so we can make the necessary changes in our database. Thank you in advance for helping us keep our database clean and accurate.