

Letter from **First CAP Board** Chairman

"Congratulations! What a stunning new facility you have to deliver your excellent service. Very impressive in so many ways, starting with parking – offices, waiting room, and excellent workshop area. Your competent and caring staff will give it the familiar CAP atmosphere. You and your board must be very proud.

Sincere best wishes to all -Derek Bishop First CAP Board Chairman"

Board of Directors: Ray Hutton, Stan Tick, Don Burroughs, Lisa Owens Jennifer McQueen, Michael Ecker, Narciso Bomben, Bruno Uggenti



Our New Home: 555 Concession Street





For the past few years, the Board and leadership team of CAP have spent many hours researching potential solutions to the space challenges faced at 569 Concession. In February, the Board of Directors unanimously approved and signed a 5-year lease agreement for the Cancer Assistance Program to take over the former RBC Royal Bank space at 555 Concession effective March 1, 2018.

This new space is ideal and meets many of the "WISH LIST" items that resulted from a survey that volunteers, staff and clients participated in a few years ago. Items like parking (12 spaces included), privacy for client registration, equipment fitting areas, drive coordinator and staff office space, and all CAP programs and services included under one roof are now realities in our new home.

And so, beginning in March our renovations began. We would like to extend a warm thank you to the following individuals and businesses who graciously donated their time, talent and/or products to create our beautiful new space.

LJ Barton Mechanical T. Lloyd Electric Peter and Reesa Spitman, staff & family Toms + McNally Architects Housesmiths Ltd. Windows by Design Property Reno's Dutchman Florist Sherwin Williams Paint Country Wide Recycling

U-Haul Bins Turkstra Lumber Energreen Technologies Yorkwest Plumbing Flooring Warehouse Mountaineer Movers Wilson Blanchard HCE Telecom Dundas Lock & Key WPS Storage Systems Inc.

And to our amazing Cancer Assistance volunteers who took on additional hours and tasks to get us ready for move in day: Dan Burroughs, Don Burroughs, Derek Lawson, Greg Poehlman, Henk Streun, Rose Sands, Barb Collins, Ray Hutton, Lisa Davino, Michael Ecker, and Narciso Bomben.

Stop in and check out our new home, just two doors down from our previous office, at 555 Concession Street.



COMMUNITY NEWSLETTER **WINTER 2018**

MESSAGE FROM THE EXECUTIVE DIRECTOR: 2018: A Year of Change and Growth for the Cancer Assistance Program



The past 11 months have been a whirlwind of activity for staff and volunteers while we continued to experience an increase in the number of clients served. At the end of September, we had registered 845 new clients. The number of new clients and their increased need for drives, equipment loans,

and nutrition and comfort items has been the reason for this year of change.

In January, the Board of Directors agreed that we needed to seek a location that provided us with increased space and on March 1, they unanimously agreed that CAP would move into the former RBC space located at 555 Concession Street. We officially moved to our new space, just one block west of our former location, on Monday, September 10 with thanks to the hard work of many.

With our address changing from 569 Concession to 555 Concession Street, we had the opportunity to refresh our logo and marketing materials as well as add a value statement - "Help I want to express my gratitude to the volunteers, staff and dowhen you really need it". We believe that we are here to nors who have provided support during this crazy busy year of provide every one of our clients with the practical and essential change. It has been said that, "Change can be frightening, and services that will help them live at home while navigating their the temptation is often to resist it. But change almost always procancer journey. You will notice our new look as you drive by 555 vides opportunities - to learn new things, to rethink tired process-Concession and we hope to have our website upgraded with this es, and to improve the way we work" - Klaus Schwab. new look and messaging by early 2019.

We are committed to providing ongoing education to those in our community with our monthly Cancer Assist Show on CHML. This educational radio show hosted by Dr. Bill Evans and Shiona Thompson features leading local cancer experts in the areas of prevention, treatment and current research. Tune in on the last Sunday of every month at 1:00pm.

Cancer Assistance Program 555 Concession Street, Hamilton, ON L8V 1A8 905.383.9797 | inquiries@cancerassist.ca | cancerassist.ca

IN THIS ISSUE:

Thank You Legacies and Gifts 2017 Events Recap Our New Home

I am so proud of the team here at the Cancer Assistance Program. The staff and volunteers start each day determined to make life a little easier for those with cancer and all for FREE. In today's world of rising costs, we are privileged to make this possible.





As we enter the holidays, I wish you and your family the best of the season. May you find peace in the changes that life brings to you and know that the Cancer Assistance Program is here to help.

Sincerely,

Deptin Legel Butly

Debbie Logel Butler





A Beautiful Wedding Gift

When Krista Genesiee and Dominic DiFelice were making their wedding plans they decided they wanted to honour family and friends who were diagnosed with cancer. On Saturday, September 20, 2018 Krista and Dominic were married and in lieu of guest thank you gifts they chose to make one gift to the Cancer Assistance Program.

Thank you Krista and Dom. We wish you many years of happiness!

Thank you Hamilton Future Fund and ArcelorMittal Dofasco!

Five thousand two hundred and twenty-five (5,225) – the number of free drives to cancer-related medical appointments for CAP clients in 2017.

Sixteen thousand and eight hundred (16,800) - the number of kilometers driven by CAP's volunteer drivers in 2017.

Each day for the past few years, our volunteer drive coordinators are faced with the challenge of finding rides and eliminating an ever growing waiting list.

We knew we had to find ways increase efficiencies in our Drive & Ride program. One solution was to purchase a computerized software program (Tripspark) that would ease the process of scheduling drivers. An application was made to the City of Hamilton Future Fund – a fund created by the

A Lasting Legacy

With our time on this earth sometimes all too fleeting; many of us wonder how we'll be remembered after we're gone. We rely on others to keep our memory alive.

A gift in your will is a powerful way to live out your values beyond your lifespan. It's an opportunity to shape the future for the next generation.

After being diagnosed with cancer, Ann Marie Travale registered with CAP and made use of CAP's personal care items and nutritional products.

City of Hamilton in 2002 to provide funding for various city and community organizations, projects and initiatives - to cover the cost of purchasing this software. Our application was approved and we have been able to purchase scheduling software and will begin the implementation process in December.

In addition, funding was received from ArcelorMittal Dofasco to help cover the additional costs to support this new program implementation, including training for staff and volunteers and the hardware to support this new software.

We are so thankful for the support of our two community partners and look forward to celebrating this new Drive & Ride program in the upcoming months.

Miss Travale, through her will, made a generous gift to the Cancer Assistance Program in order for CAP to continue offering vital services to cancer patients each and every day. After nearly a guarter century of work, we've built a reputation as an organization patients and caregivers can rely on.

Thank you Miss Travale, your gift will make a lasting difference in the lives of so many Hamiltonians.

2017 Events Recap CARE WALK – SATURDAY, MAY 26, 2018 AT BAYFRONT PARK



Together, we exceeded our goal and raised over \$27,000 (net) which will help us continue providing free and valuable services to individuals with cancer. Being one of CAP's newest and fastest growing fundraisers, this year saw a 100% increase in proceeds raised, doubling that of last year, and we are blown away by the tremendous support received. Our sincerest thank you for making this event such a success!

CHOIR & TEA - SUNDAY, JUNE 10, 2018 AT THE WATERFRONT CENTRE



An Afternoon with the Canadian Orpheus Male Choir was a beautiful day shared by over 150 quests who gathered to enjoy outstanding live entertainment accompanied by lunch. Thank you to everyone who joined us for this lovely afternoon.

40TH ANNUAL GOLF CLASSIC - TUESDAY, AUGUST 14, 2018 AT DUNDAS VALLEY GOLF AND CURLING CLUB



Being one of CAP's longest-standing fundraisers and a milestone year, an enjoyable day was had at the beautiful Dundas Valley in honour of Gary Ashbaugh. Thanks to all who sponsored, contributed to and participated in this year's Golf Classic tournament, raising over \$32,000 (net)!

2018 CARE WALK DONORS Flying Squir

Amazing Adventures
Cadbury
Cancer Assist Show
Cartoon Bob
CHML Street Team
Conquistador Restaurant
Crock A Doodle
Designers Printing
Domino's Pizza (Upper James St.)
Donna Skelly - Ward 7 Councillor
Eileen Suffoletta
Farm Boy
FirstOntario Credit Union

rrel Hamilton	Morison Insurance
wy 8)	Mortgage Teacher
kery	Mountain Lanes Bowl
Home Care	PX Dermody Funeral Home
tled Water	Realty Network
ulldogs	Roma Bakery
ger-Cats	Ruth Readyhough
niles	The Keg Steakhouse + Bar
lay McQueen	Tim Hortons (Concession St.)
ce Cream Truck	Toms + McNally Design
	Tony's Corner Food Truck
ters Face Painting	Winona Peach Festival
redit Union	Zarky's Fine Foods

2018 CHOIR & TEA DONORS

Dutchman Florist	Highgate Residence
Hamilton Philharmonic Orchestra	Manulife Securities
Hamilton Police Services - Project Concern	Office of the Mayor - Fred Eisenberger

Fortinos (Hy

Genuine Ba

Gold Cross

H2Only Bo

Hamilton E

Hamilton T

Hygienic Sr

Kool Jim's I

Lisa Owens

Little Mons

Meridian C

ennifer & .

2018 GOLF CLASSIC DONORS

2018 Golf Classic Committee Members	Dr. James Martin Medicine Professional
Arterra Wines Canada	Corporation
Baldasaro Contracting	Dundas Valley Golf and Curling Club
Canadian Cremation Services	Dutchman Florist
Cardinal Newman Catholic Secondary School	Eclipse Colour Imaging
	Fran Woods
Carla D'Elia	G. Walker Real Estate
Carlo DeLuca	Hamilton Golf & Country Club
Carmen's Group	Foundation
CARSTAR	Hamilton Police Retirees Association
CIBC	Hamilton Tiger-Cats
Club Link	Hess Millwork
Cornerstone Select Properties	Home Hardware (Upper Gage & Fennell)
Creemore Springs	JDI Cleaning Systems
Cresmount Funeral Home	John Thomas
CUPE Local 2888	
Designers Printing	Johnston Chrysler
DHL/P&G CDC Brantford	Lisa Owens
	Liuna Local 837



Welcome Maria

Maria comes to CAP from Camp Oochigeas, where she was a Program Specialist, dividing her time between the paediatric oncology wards at McMaster Children's Hospital, London Children's Hospital, and The Hospital for Sick Children. In her new role as Volunteer & Client Services Coordinator, Maria will equip and support volunteers as they serve on the front lines at CAP, while actively recruiting new volunteers.

To inquire about volunteer opportunities with CAP, contact Maria at meleusiniotis@cancerassist.ca or 903-383-9797 ext. 102.

Paul & Marilyn Heimpel

1. A. Clark & Sons Funeral Home			
Aelissa Heffernan			
Aichelangelo Events & Conference Centre			
/like Fortier			
Norison Insurance			
Jamaste Wellness Collective			
Newman Youth Summer Sports Camp			
Overdrive Automotive			
'aul & Marilyn Heimpel			
aul Djonovich			
'MA Canada			
X Dermody Funeral Home			
loss & McBride LLP			
mith's Funeral Home			
trauss Mens Wear			
urner Family Funeral Home			
'ince Paul			



Chuggy's Tournament of Friends

On Saturday, September 22, 2018 friends and family members came together to support the annual Chuggy's Tournament of Friends in memory of Tony DePaulo and Cody Gillespie. Taking place at King's Forest Golf Club, this year's golf tournament raised an amazing \$3,400 to support CAP's program and service delivery.

A heartfelt thank you to everyone who supported and contributed to this wonderful event!

For more information on making a tribute gift or hosting a third party event in support of CAP, please contact Ashlee at aleggett@cancerassist.ca or 905-383-9797 ext. 107

