

Saturday, May 26th, 2018 **Bayfront Park**



Entertainment, lunch and family activities included!

Registration: 9:00 a.m.

Walk: 10:00 a.m.

Cost: \$20 per adult (under 18 are free)

Visit cancerassist.ca to register online or contact Ashlee Leggett: (905) 383-9797 ext. 107 or aleggett@cancerassist.ca

Follow us







All are welcome!



cap is moving...



It is official, after a few years of researching various options, on March 1st, the Board of Directors unanimously voted to move forward and rent space at 555 Concession Street. For many of you familiar with Concession Street, this is the former RBC Royal Bank space and is located one block west from our current location at 569 Concession Street.

"We are so excited about this move but more importantly, we are excited to finally be able to accommodate our growth in a space that is client focused and easily accessible," says Board President Lisa Owens.

This new space is ideal to accommodate CAP's growing need for private client space, equipment fitting and maintenance space, office and meeting space and equally important, parking. The building is owned by the Zarcone Family who own Zarky's Fine Foods Ltd., which has been a part of Concession Street for many years.

In terms of our growing need, in 2017 CAP served 3,615 members of our community, which was a 10% increase from 2016. Demand for our Drive & Ride program continues to increase at a steady rate with 5,225 rides booked between January and December of last year. Demand for service has meant that we have continued to seek support from the community as volunteers. Today, 120 volunteers assist in client and equipment services, Drive & Ride and fundraising event committees.

"Our volunteers have been so patient in our search for new space. They have witnessed daily the challenges of our current location in providing programs and services for our clients," says Debbie Logel

The next few months will be busy as we continue to provide service to cancer patients and their families in our communities, while at the same time preparing our new space for our move. The new space requires some minor renovations which includes painting, flooring and the addition of a new washroom. A Grand Opening Celebration will be scheduled for some time in the summer and we look forward to welcoming you then.



Former RBC Royal Bank and future CAP office, 555 Concession Street



Lisa Owens, Board of Directors President, Tony Zarcone, Zarcone Family and Debbie Logel Butler, Executive Director

Giving Back to CAP

Third Party Spotlight: 'Ray's Hope'

On January 9th, 2018, Raymond Albanese crossed over peacefully due to gastro-intestinal cancer. Raymond was a remarkable husband, father and friend who would go out of his way to help his friends and family. He built a life full of close friendships and prided himself on being a kind, hardworking and funny man. Ray was the type of man who would be there for you in any way he could. To lose such a man – the King of his family – leaves a tremendous hole. His family is so grateful for the support and hard work of the Juravinski Cancer Hospital and CAP for all of the spectacular services, support and kind words.

"CAP is a hidden gem for the citizens of Hamilton and surrounding area. This non-profit needs to be recognized for its outstanding efforts in assisting those in need." - the Albanese Family

On Saturday, February 24th, 2018 the Albanese family hosted 'Ray's Hope,' a memorial fundraiser to celebrate and honour Raymond's life. With the help and assistance of many close friends, family members and local businesses, 'Ray's Hope' was a tremendous This gift will be used to ensure CAP is able to continue offering success and a beautiful way to honour the spirit of Ray's life. Over 600 Michelangelo's Banquet Center for a memorable and inspirational supported 'Ray's Hope.' evening.

In March, the Albanese family visited CAP to deliver their donation of \$14,000 raised at this event as a way to express gratitude for the services provided to Ray and their family during his final days.

"It has been an honour to support CAP and give back to the community. Please spread the word and pay it forward to those in need." – the Albanese Family





David Levesey, Amanda Levesey, Holly Albanese, Raymond Albanese

Ray Jr. Albanese, Ashley Albanese, Audrey Valchuk and Craig Valchuk

valuable services to individuals and families affected by cancer. A family members, friends and colleagues came together at heartfelt THANK YOU to the Albanese Family and everyone who

Host Your Own Third Party **Fundraising Event**

Looking for a creative and exciting way to give back? CAP relies on the generosity of community and supporters like the Albanese family to continue providing valuable and free services to cancer patients. Whether it be hosting a benefit concert, fashion show, summer BBQ or asking for donations in lieu of gifts, we want to hear from you! We'll help promote your event on social media, provide you with informational materials and answer any questions you might have throughout the planning process. Throwing a third party fundraiser is an engaging way to give back to CAP and support the individuals and families touched by cancer in our community. Having fun never felt so good!

Please contact Ashlee at 905-383-9797 ext. 107 or aleggett@cancerassist.ca for more information.

Upcoming Events



Run | Walk | Roll

4th Annual CARE Walk

Saturday, May 26, 2018 | Bayfront Park Registration: 9:00 a.m. | Walk: 10:00 a.m. \$20 per adult (18+) | Under 18 are free Entertainment, lunch and family activities included - All are welcome! Visit cancerassist.ca to register and start collecting pledges today



3rd Annual Choir Event

An Afternoon with the Canadian Orpheus Male Choir

Sunday, June 10, 2018 | The Waterfront Center Doors open: 12:30 p.m. | Performance: 1:00 p.m. | \$30 per ticket Sandwiches, punch, coffee, tea & dessert included



40th Annual Golf Classic

Presented by Johnston Chrysler in Honour of Gary Ashbaugh Tuesday, August 14, 2018 | Dundas Valley Golf Club \$200 per golfer (\$45 tax receipt)

Includes lunch, dinner, 18 holes, cart & passport for on course contests Registration: 10:00 a.m. | Shotgun start: 12:00 p.m. Dinner: 6:00 p.m. | Dinner only: \$60



An Evening of Caring Annual Gala

Friday, November 9, 2018 | Michelangelos Banquet Centre Save the date - more information to come!

Please contact Ashlee at 905-383-9797 ext. 107 or aleggett@cancerassist.ca for more information on all of our upcoming events.

To our volunteers... THANK YOU!

"The meaning of life is to find your gift. The purpose in life is to give it away." - William Shakespeare

As we celebrate National Volunteer Week from April 15 – 21, we would like to take a moment to say thank you for your gift of time and thoughtfulness to the over 3600 men, women and children faced with a cancer diagnosis in our community who we support with our programs and services. Without the many volunteers we have at CAP, we simply could not provide the very practical supports that these cancer patients have come to rely on CAP for.



Unfortunately, cancer diagnosis in our community continues to grow, placing great demands on the services we provide at CAP. Without more volunteers we simply cannot meet this demand.

Volunteering is a two-way street. Volunteers will tell you that they get more than they give. As one of our volunteers said, "I love the busyness of the ride desk and the interaction with the drive volunteers. Those most in need are most appreciative of our services. Some newly diagnosed clients are overwhelmed by our help - so it is rewarding to be helpful in their time of

We need more volunteers and what better time to join us in this capacity than during National Volunteer Week. Volunteering builds confidence, competence, connections and community. You will have the chance to use your skills and learn new ones. You will build new friendships. For CAP and our clients, your volunteer service will help to strengthen our community - a community dedicated to supporting cancer patients and their families as they manage their cancer diagnosis and treatment.

Volunteers are needed as drivers for our Drive & Ride program. The opportunity to ensure cancer patients and their families can arrive safely and on time to their cancer-related appointments is truly rewarding, and the patients and their families are so very appreciative.

"The assistance with transportation to and from my cancer treatment appointments alleviated a stress and allowed me to focus on my well being." - Drive & Ride client

We also need volunteers for Client Services. Meeting the patients and their families, sharing our services with them and seeing the stress in their faces diminish with this knowledge is so rewarding.

Please contact inquiries@cancerassist.ca or 905-383-9797 ext. 102 if you think you can join us even for a short time each month.

"We make a living by what we get, but we make a life by what we give." - Winston Churchill



Welcome new CAP staff



Ashlee Leggett Manager, Fund Development

Ashlee comes to CAP from the YWCA Hamilton where she was the Development Coordinator, Special Events and Community Fundraising. Prior to the YWCA Hamilton, Ashlee worked in Development at the YMCA and McMaster University and is an active Hamilton community member.

In this new position, Ashlee will be responsible for all aspects of CAP's enhanced fundraising role and will work closely with the volunteer coordinator and the fundraising volunteers to raise the needed dollars in order to continue to serve our clients.



Wendy Kizlyk Administration Coordinator

Wendy comes to CAP after eight years as the Operations Manager and Executive Assistant at Ronald McDonald House Charities in Hamilton. Prior to her work at RMH, Wendy was the Office Administration Manager and Executive Assistant at the Hamilton/Burlington SPCA.

In this new role, Wendy will be responsible for processing of all donations, office management and supporting the Executive Director and the Board of Directors.

Become a Monthly Donor

There are so many ways to make a difference – gifts of thanks, gifts of caring and gifts for the

Join our monthly giving program and make a difference all year long. It's an easy and convenient way for donors to give, and also saves on the administration costs to process donations. No gift is too small to make a big impact. Your gift will help CAP to ensure that our clients receive the support they need, whenever they need it.

For more information on how to sign up for a monthly gift, contact: Wendy Kizlyk at wkizlyk@cancerassist.ca or 905-383-9797 ext. 101

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